



# CEDAR LANE NEWS

Cedar Lane Unitarian Universalist Church  
9601 Cedar Lane • Bethesda, Maryland 20814

Volume LIV, No. 13

February 20, 2008

## Sunday Services at 9 and 11 a.m.

February 24, 2008

### “The Gifts of Spiritual Companionship: Unitarian Universalist Pastoral Care and ‘Non-Anxious Presence’”

*Heather Janules*

At some point in our lives, all of us will find ourselves “standing in the need of prayer,” as the traditional hymn says – deeply grieving the loss of a loved one, facing a serious illness or living through a painful transition. Faith communities offer pastoral care to those living through difficult times.

But what is “pastoral care?” And what does it mean in the context of the theological diversity among Unitarian Universalists? Is prayer a way – or the way – to healing? At the invitation of the 2007 Auction sermon winners, this service will explore these questions, along with a core element of pastoral care called “non-anxious presence,” named by the great family systems theorist, Rabbi Edwin Friedman. Anxious or not, come join this service of moving stories and interesting ideas, woven together by a few jokes.

March 2, 2008

### “Common Ground: The Earth as Humanist Icon”

*Our Guest speaker, Hugh Taft-Morales* taught philosophy and history at the Edmund Burke School in Washington, D. C., for 19 years. He is now a leader in Ethical Culture, a non-theistic religion established by Felix Adler in 1876. About his sermon he writes:

Reflecting on the first photograph of the earth taken from beyond the moon, Archibald MacLeish wrote in the New York Times that it was an image with whose help “man may discover what he really is.” It reveals a truth that we ignore at our own peril: “To see the earth as we now see it, small and blue and beautiful in that eternal silence where it floats, is to see ourselves as riders on the earth together, brothers on that bright loveliness in the unending night— brothers who see now they are truly brothers.”

This image, generated by rational science yet emotionally and aesthetically inspiring, offers common ground to people of diverse philosophical perspectives. Not only does it remind all human brothers and sisters of our interconnectedness, it reflects a profound philosophical link between beauty and fragility. The image of the earth reflects the existential limitations central to human existence, and should continue to serve as a humanist icon – an enduring, sacred, symbol worthy of spiritual devotion.

### March 9, 2008—*Singing the Journey* “More Popular than Jesus?”

*Roger Fritts*

In March 1966, John Lennon proclaimed that the Beatles were “more popular than Jesus.” We will listen to their music and reflect on the human tendency to form “hubs” as described by Albert-Laszlo Barabasi in his book *Linked*.

#### Sunday Forum at 10:10 a.m. in the Chalice House

- 2/24 *How Art Can Help in the Prevention of HIV/AIDS* with Franck DeRose, director, The Condom Project.
- 3/2 *Supreme Threat to Our Gun Laws* with Daniel Vice, senior attorney, The Brady Center to Prevent Gun Violence.
- 3/9 *Partnering for Human Rights: A UUHIP Journey to India* with Cedar Laners Barbara Wilson, Unitarian Universalist Holdeen India Program, Washington office, and Steve Wilson.

All are welcome to join us for **Newcomer Talks** every Sunday after worship services.

Become a member of Cedar Lane UU Church at a **Second Sunday Signing** after services, or by calling Kristin Grassel, Membership Coordinator, at 301-493-8300 ext. 305.

## Notes from the Ministers

*Roger Fritts*

People often quote Unitarian minister Ralph Waldo Emerson as having said: “Build a better mousetrap, and the world will beat a path to your door.”

The source of the quotation is Sarah Yule who said in 1889 (seven years after Emerson's death) that she had once heard Emerson say: “If a man can write a better book, preach a better sermon, or make a better mousetrap, than his neighbour, though he builds his house in the woods, the world will make a beaten path to his door.”

The full quotation, as you can see, places pressure not only on mousetrap engineers, but also on clergy. It suggests that church growth is heavily dependent on the skill of the preacher.

Undoubtedly there is something to this, although the worst sermon I have heard recently was given on a Sunday evening at Paradise Community Church in Adelaide, Australia. Lasting two hours, it was a rambling, confused and, at times, embarrassing discussion of human sexuality. Yet although it was a bad sermon, there were two thousand people in the congregation. Sermons are important, but they are one element among several that cause people to attend a church and to become active members.

Kristin Grassel and I have planned an adult program for seven Wednesday nights in March and April. Called “The Inviting Church,” the curriculum is based on a program developed by the Alban Institute, an independent center of learning and leadership development near Dulles Airport that focuses on congregations.

We are hoping that members who would like to see Cedar Lane Unitarian Universalist Church survive and grow in the next few years will join us in this discussion. Registration information is available in the church's adult program brochure.

How do we make our church exciting and attractive to new generation? We invite you to join us in exploring this question.

*Heather Janules*

When people learn that I am a native of New Hampshire, they often assume that I grew up attending presidential campaign speeches. They also assume that I have a high tolerance for cold weather.

I was reminded that neither of these things were true on February 11 as I stood for an hour-and-a-half in the cold to attend my first presidential campaign speech.\*

The rally was in a large stadium but, with security screening, the line to enter the building backed up for about a mile from the front door. Even though I wore many layers, a thick wool coat, a scarf, hat and gloves, my teeth were chattering, proving that my Granite State training did not fully prepare me for this day.

In retrospect, what was most inspiring about attending this speech was the waiting, the seemingly endless line of Americans – of different ages, ethnicities and backgrounds – enduring the brutal cold to participate in our political system.

As I climbed onto a shuttle bus to go home, I thought of our fellow Cedar Laners and other Unitarian Universalists who, later that day, were also going to “get on the bus.” Cedar Lane's Social Justice Council organized the “Lobby Day” bus to transport citizens to Annapolis so they could meet with their elected officials and advocate for same-sex marriage.

To stand in the cold to hear one candidate's hopes for the future, to give up our time, our comfort and our money to manifest change in our laws – these are not the actions of passive, cynical people but are the workings of people of faith. Not religious faith, per se, but a faith in our country's system, faith in our fellow citizens, faith in – as one person puts it – “the unlikely story that is America.”

Sometimes our individual votes do not lead to our chosen candidate winning their campaign. Sometimes calls for justice – whether in a legislator's office or outside the gates of the White House – fall on deaf ears. Sometimes living a political life means feeling alone in our convictions.

The next time I have this sense of civic isolation, I will recall the day I stood in the cold with hundreds of others to play a part in our nation's future. I will remember my fellow Unitarian Universalists who traveled to the state capitol to advocate for justice. I will continue to take part even when the problems of our nation seem too great. I will seek to strengthen my faith in our “unlikely story” and how the story will unfold from that moment. May it be so.

\*The views expressed in this column should not be considered as an endorsement of any political candidate or party.

## We Care

Our best wishes are with **Fred and Martha Peters (N25)** as Martha recovers from hip surgery after a fall.

Healing wishes are with **Kathleen Reedy (N9)** as she recovers from surgery at home after dislocating her arm in a fall. (Thankfully, she anticipates being mobile enough to still take her trip to Greece in early March!)

**A reminder to We Care chairs:** Our annual gathering of chair people will be on March 9, from 12:30-2 p.m. in Rooms 30-31. Good food and beverages will be provided. Come meet and support the new We Care chairs, share news about your neighborhood, hear about an exciting upcoming event (Cedar Lane's Day of Service and Celebration) and enjoy one another's company.

If you know of someone in need of care, a visit, a phone call, good thoughts or a prayer, please notify Heather Janules, Assistant Minister, at ext. 204 or [hjanules@cedarlane.org](mailto:hjanules@cedarlane.org).

### Child Dedications on Easter Sunday

In the Unitarian Universalist tradition, we welcome and celebrate the arrival of children into the world through a Ceremony of Dedication. This ceremony is a time for parents and loved ones to publicly declare their love and care for the child and for the congregation to affirm their participation in the child's growth into its unique personality. As we affirm that all are born without sin, this ceremony is not a baptism but more a recognition of the sacred potential in all people and the responsibility of all to nurture the youngest in our community with the best we have to give.

As part of a celebration of new life, there will be a time to dedicate our community's children in our Easter service (March 23<sup>rd</sup>.) If there is a little one in your family that has yet to be recognized and welcomed in this way and if you would like to have your child dedicated on Easter Sunday, please contact Assistant Minister Heather Janules at [hjanules@cedarlane.org](mailto:hjanules@cedarlane.org) or at x204.

### A Day of Service and Celebration...and Help Make it Happen!

On Sunday, May 18, Cedar Lane will celebrate the 50<sup>th</sup> anniversary of our building. But the fun begins the day before, on May 17!

A movement is afoot to organize a Day of Service and Celebration for that Saturday as a way to give back to the community that has included our spiritual home at the

corner of Beach Drive and Cedar Lane and to draw attention to our vibrant community.

To make the Day of Service a success, preparations need to begin now. We need your help!

- Let us know if you have connections to any local agencies (schools, shelters, nursing homes, etc.) and subsequent suggestions of projects we could do with these organizations. Contact Heather Janules at [hjanules@cedarlane.org](mailto:hjanules@cedarlane.org) or x204.
- Volunteer to help cook the closing dinner. If you are a better cook than a fence painter, envelope stuffer or creek cleaner, contact Dinner Coordinator Leslie Kee ([lkee@cedarlane.org](mailto:lkee@cedarlane.org); x301)
- Join the planning committee for the celebration and reception on Sunday morning. If interested, contact Doug Mader at [dmaderaia@aol.com](mailto:dmaderaia@aol.com).
- Raise seed money for this endeavor. If you can't serve on that day or wish to give both talent and treasure, please contact Heather Janules about how to donate.

There is much to celebrate about our fifty years at 9601 Cedar Lane. Thank you for all you do to keep our legacy of social justice, community service and liberal religious values alive!

*Heather Janules, Assistant Minister*

### CourageCollages: For UUs Who Are (or have been) In Cancer Treatment

Saturday, March 1, 10-2, Cedar Lane's Chalice House

CourageCollages workshops are supportive, one-time gatherings for cancer survivors to express themselves through collage. Each participant will create a unique collage that reflects and represents their hopes, dreams, fears, joys, frustrations, life and future.

In addition to the participants, there are two facilitators at each workshop. Heather Janules, Cedar Lane's Minister for Pastoral Care, will be one of the facilitators at the March 1 workshop. Participants may bring pictures of family, friends, pets or places that are special to them. All materials for creating the collage are provided.

Visit [www.couragecollages.org](http://www.couragecollages.org) for more information or contact Heather Janules at [hjanules@cedarlane.org](mailto:hjanules@cedarlane.org) or x204.

## Religious Education

### Religious Education Notes

**Susan is on sabbatical** and we R.E. people are on our own for the next six months. This is a time for Susan to step back, relax, and reflect; it is a time to study, travel, and research. The sabbatical is Cedar Lane's gift to her. In a sense it is also the church's gift to us. It is a time for us to be challenged in different ways; a time to walk our own path of discovery, finding new strengths and avenues within ourselves as we grow, learn and work together to keep the program vital and energized. Susan has created a manual, a sabbatical guide, allocating work and responsibilities.

Helpful information:

- The R.E. office: I am in my office Tuesday through Friday, some Saturdays and most Sundays; Gale's hours are Tuesdays, Thursdays and one other day as needed; you can reach us at 301-493-8300 x207.
- Chapel: Lucy Klaus-Li, a retired MRE, is our chapel lady during the sabbatical.
- The R.E. Council is a strong committed group led by Judy Laurenson and Mary Farrar; each council member has an assigned focus area; council members are in touch with their teachers.
- Skilled experienced mentor teachers are willing to help teachers in any way.
- Our ministers have assigned responsibilities.

If you have questions please call, e-mail, (gbellais@cedarlane.org) or come in to my office to talk.  
*Glenis Bellais*

**Our Ninth Graders Are Selling Fair Trade Coffee and Chocolate at the Bagel and Donut Table on Sunday Mornings.** Purchases help to improve the economy for small-scale farmers in Asia, Latin America, Africa and the US. They also help our kids raise money to get to Boston to learn about their UU roots! A real win-win! The youth truly need your support as their departure date of March 28 draws closer! So stop by the bagel and donut table on Sunday mornings!

**The Sock Hop** was a low key, sparkling and fun event. There were delicious goodies and lots of children and adults dancing. Thank you to Nancy Manning and the R.E. Council for planning, baking, and organizing.

**Spring "B"** R.E. Council members Susan Easterly and Silvia Balderas-Saari are planning this year's Spring "B." We have many classes and leaders already in place. We

are seeking:

- preschool teachers
- people to help with soccer group for young children
- We would also like to offer an additional intergenerational class. Let us have your ideas or suggestions.

Spring "B" is a delightful community building event with all ages learning and having fun together. If you can help or have ideas, please be in touch with Susan at 301-681-4852 or Silvia at 301-593-7849.

**Easter Sunday is March 23:** There will be an intergenerational service at 9 and 11 a.m. Easter Sunday for children will include an egg hunt and refreshments after the service in Room 1-2. We ask that all families joining in the egg hunt bring rolls, muffins, bread, or fruit to share to Room 1-2, before the service.

### Calendar:

February 29: Teacher Appreciation Dinner

March 8: Cedar Lane Auction; free child care available; pre-registration is required.

March 16: Teacher Recognition

March 23: Easter Sunday; intergenerational service; egg hunt for children; bring breads, muffins or fruit.

March 28-30: 9<sup>th</sup> Grade Boston Trip

### Youth Notes

#### JUNIOR HIGH NOTES

This group is open to youth in grades 7 and 8. John Daniel and Megan Renner are the advisors.

**Junior High Schedule is Coming Together:** Within a few days, the 2008 schedule for the Junior High Group should become final and will be shared with all. Events that are almost certain to make the schedule include a Sleep-over with the Sharks at the National Aquarium in Baltimore; a hike on Old Rag Mountain, our annual NY City sightseeing trip; Manna Food Packing; and a movie night at the church. If you have questions about the group, call John Daniel (301-946-5509) or Megan Renner (301-807-4963).

#### SENIOR HIGH NOTES

Senior High Youth Group activities are open to young people in grades 9-12; the group meets during the second session R.E. time in Chalice House on the second Sunday of the month. Special Senior High Youth Group activities

happen at non-Sunday morning times. Watch for information by email and snail mail. If youth are not receiving email notification and would like to, please send addresses to Archene Turner at 301-493-8300 x 205 or [aturner@cedarlane.org](mailto:aturner@cedarlane.org).

On other Sundays, second session 11th-12th grade youth continue senior high "Our Whole Lives;" (OWL), 10<sup>th</sup> graders with "Change the World" and 9<sup>th</sup> graders with "Coming -of-Age."

### **Up-coming Events Include:**

March 9: Allison Fisher of Greater Washington Interfaith Power and Light ([www.gwipl.org](http://www.gwipl.org)) will visit us at 11 a.m. to chat about lots of things green and what youth in our area are doing.

March 15: Road Trip to Annapolis to cheer on some of our youth competing in a regional robotics competition (<http://www.usfirst.org/community/frc>)

March 15-18 Participants of the 11th-12th grade OWL are encouraged to be involved in this year's Sexuality Education Advocacy Training (SEAT) where youth, young adults and adults from all over the country come to town to advocate for comprehensive sexuality education in our public schools. For more information see: <http://www.uua.org/socialjustice/issues/comprehensivesexuality/27418.shtml>

### **Opportunities for Youth in the Wider World:**

April 3-5: *New York City:* See the UU-UN Office and notice elsewhere in this newsletter or at [www.uu.uno.org](http://www.uu.uno.org)

June 26-July 13: *El Salvador:* For ages 16 (by June 1) and older with International Partners. Cedar Laner Emma Vawter vouches for this as a wonderful opportunity to join other youth to help others in El Salvador. The deadline has passed but there are still some openings. For more information about this and later trips, go to [www.InternationalPartners.org](http://www.InternationalPartners.org); Check it out; a life changing adventure.

### **Young Adults (Ages 18-35)**

**The UU Young Adults of Maryland (UUYAM)** group plans activities for local UU Young Adults. Visit <http://uuyam.uuyan.org> to join the UUYAM email list and view schedule of upcoming events, or call Megan Renner with questions at 301-807-4963. For resources and information on Joseph Priestly District (JPD), Young Adult events, visit the JPD Young Adult Network at [www.jpd-uuyan.org](http://www.jpd-uuyan.org).

**Join other Young Adults for Brunch** on the second Sunday of each month. Meet in the vestibule at the back of the sanctuary 15 minutes after the end of the 11 a.m.

service. We car pool to a local restaurant for lunch or brunch food and fellowship.

### **Adult Programs Notes**

**The Sunday Morning Forum** meets from 10:10 to 10:55 a.m. in Chalice House.

February 24: *Art Can Help in the Prevention of HIV/AIDS* with Franck DeRose, director, The Condom Project. Government funding for condoms, the first line of defense against HIV/AIDS, dried up the first year of the Bush Administration (because they also prevent conception). Franck DeRose partners with local organizations around the world to make condoms accessible and to de-stigmatize their use through art and humorous videos. Stay afterwards to make a condom art pin!

March 2: *Supreme Threat to Our Gun Laws* with Daniel Vice, senior attorney. The Brady Center to Prevent Gun Violence. Sometime in March, the Supreme Court will consider a lower court ruling that the DC handgun laws are unconstitutional. Our speaker will discuss how the judges might rule on this serious challenge to our gun laws, what would be the ramifications of their decision, and how it might impact on the presidential election.

March 9: *Partnering for Human Rights: A UUHIP Journey to India.* For 24 years, the Unitarian Universalist Holdeen India Program has supported the most marginalized and oppressed people in India in their struggles for economic and social justice and human rights. Last summer Cedar Lane members, Barbara and Steve Wilson, spent five weeks in India visiting programs and partners to learn about their organization and activities. At this forum, they will describe their journey.

**The Adult Programs Committee is Looking for New Members.** Come and share your life experience, avocations, and interests with this dynamic group of Cedar Laners. The APC offers 30- 40 classes and seminars in the Fall and Winter/Spring sessions covering the topics of spiritual search; social, economic and political issues; personal development; and arts, literature, and hobbies. Look over the new Winter/Spring 2008 brochure and consider becoming part of this important and very enriching activity of Cedar lane. Course participation extends beyond the immediate congregation, helping us reach out to the greater community. The committee meets once a month to share ideas and camaraderie. If you are interested in joining the Adult Programs Committee, be in touch with Julie Offner at 301-562-8281 or [jjoffner@comcast.net](mailto:jjoffner@comcast.net).

### **Dinner Discussion Groups**

Many groups have been meeting together for years. We

are always ready to begin new groups as there are enough people wanting to come together.

A number of Cedar Laners are interested in beginning a new “boomers” group for those born between 1946 and 1965; Marlene Berg is coordinating. For more information about the group be in touch with Marlene at 301-279-6790 or [nikkimargot@verizon.net](mailto:nikkimargot@verizon.net). To register for this group please call Glenis Bellais in the R.E. office at 301-493-8300, x207

**Adult Programs Registration:** Additional copies of the adult programs brochure are available on the church literature table and in the R.E. Office. You may also access the brochure from the web site. Register for classes in the R. E. office by mail or in person. Questions? Call Glenis Bellais at 301-493-8300 x207..

### **Classes Beginning Soon:**

#### Thursday, February 21

*FREE Introductory Alexander Technique Class.* Come and learn about the Alexander Technique and how this technique can help you in your everyday life. NO FEE.

#### Saturday, February 23

*Feng Shui* with Jody Shapiro meets 10 a.m. to 12 noon. Learn how to arrange your home and office space in way that increases harmony and balance in your personal environment.

FEE: Pledgers \$18; non-pledgers \$23

#### Tuesday, February 26

*Working with Your Dreams* with Gary Goodwin meets for three Tuesdays, 7 to 9 p.m. Learn how to master dream recall and see how dreams can teach and connect us with the deeper issues in our lives.

FEE: Pledgers \$15; on-pledgers \$20

#### Thursday, February 28

*Enhancing Your Personal Spirituality* with Leslie Kee, our intern minister, meets 7:30 to 9:30 p.m. Explore the basic techniques pioneered by Dr. Eugene Gendlin to learn how to become more present for others by being more available to yourself..

FEE: Pledgers \$5; non-pledgers \$10

#### Wednesday, March 5

*The Inviting Church* with Roger Fritts and Kristin Grassel meets for seven Wednesdays, 7 to 9 p.m. Using an Alban Institute curriculum, the group examines all aspects of Cedar Lane life and history. Using this knowledge and understanding, the group considers the future shape and purpose of Cedar lane while ensuring our legacy of freedom and justice remains strong into the future.

#### Thursday, March 13 (This is a new start date)

*Alexander Technique* with Antoinette Kranenburg meets for six Thursdays, 7:30 to 9:30 p.m. Learn how to

prevent tension patterns in your body, become more comfortable and flexible, and to move, sit, reach, dance and walk with ease. The class includes one private lesson by appointment.

FEE: Pledgers \$75; non-pledgers \$85.

**Covenant Groups** meet regularly to share experiences, reflect upon them, and support one another in developing meaningful lives.

“I listened to you, and found my own voice.”

- Hillary Clinton?

Or you - in a covenant group?

*What’s Going On Here? What Calls You to Action?* with Kathleen Reedy meets on alternate Wednesdays 7:30 to 9 p.m.

*Connections* with Nancy Janssen meets on the first and third Sundays at 12:15 to 2 p.m.

*Attitudes Towards Living* with John Gubbings and Pat Karlsen meets on the second and fourth Sundays, 8:30 to 10 a.m.

*Journeywomen* with Barbara Gressman meets on the first and third Sundays at 10:45 a.m.

*Crones* with Coralie Adler meets on the second and fourth Tuesdays, 9:30 to 11:30 a.m.

*Living By Heart I* with Perry Seiffert meets on the first and third Saturdays, 8 to 10 a.m.

*Living By Heart II* with Frances Dearman and Ellie Goodwin meets on the second and fourth Tuesdays, 7 to 9 p.m.

*Living By Heart III* with Bob Harrison meets on the second and fourth Saturdays, 8 to 10 a.m.

*The Sharing Group* with Len Adler meets monthly on the third Mondays, 7:15 to 9 p.m.

*Living Alone, Living with Loss* with Catharine Kaufman, Maury Merkin and Heather Janules meets on the first and third Sundays, 12:30 to 2:30 p.m.

**Register for all the above classes, dinner discussion groups and covenant groups** with Glenis Bellais in the R.E. office at 301-493-8300 x207 or [gbellais@cedarlane.org](mailto:gbellais@cedarlane.org)

### **Back Screen Projector and Audio-Visual Upgrade Update**

Thanks to all of the Cedar Laners who have contributed to the Back Screen Projector fund. We are getting closer to reducing the budget gap but have a short way to go yet. We hope you have enjoyed the increasing use of the screen and projector for worship services, memorial services, music services, group meetings, the Green-In, and other gatherings. Organizers of major, upcoming events – the Auction, Pledge Drive, R.E. Teachers Appreciation Dinner – are planning to include the screen and projector as a major component of their celebrations. So

as you enjoy the many uses of the new equipment, we hope you will consider contributing to the final payments to close the budget. Our ad hoc audio-video upgrade committee is putting together budgets for the next two phases of our proposal: video recording/archiving and web casting of major church events. For information about the project or making a contribution to the Back Screen Projector, call John Daniel (301-946-5509) or Sara Deshler at the Church.

## Social Justice Council

Please welcome back Maasai tribeswoman Kakenya Ntaiya to Cedar Lane as the **Global Task Force** hosts a reception, BBC award-winning documentary, and discussion with her on Sunday, March 9, at 3 p.m. at Chalice House. Kakenya fought tribal tradition to stop her arranged child marriage and become the first female from her village to attend a U.S. college. Plans are under way to build a girls' school in her village, but funds are still needed. Donations at the door and RSVPs are both appreciated. For more information, contact Annette Scarpitta ([annettecedarlane@spamex.com](mailto:annettecedarlane@spamex.com)).

Cedar Lane will halve the offertory from both services on Sunday, February 24 for a matching grant to support the OWL curriculum at Beacon House. This means your generous gift will actually be doubled! "Our Whole Lives" sex education is a precious gift we offer our own UU children. We are delighted to provide this opportunity to Beacon House youth (N.E. Washington, D.C.) who desperately need this life saving information as well. Congratulations to Rev. Archene Turner, Stephen Colgan, and Jacomina de Regt who will manage this grant.

### LGBT Task Force Activities at CLUUC

The Cedar Lane LGBT Lobby Day bus trip to Annapolis was a great success. The bus was filled to capacity with a diverse group of Cedar Laners joined by members of other local UU congregations and some advocates from the outside community. In Annapolis we were able to meet with many legislators from a variety of districts to share our message about Maryland Marriage Equality and Transgender Rights. For the next few weeks, a Cedar Lane youth poster exhibit plus other various materials relating to Lobby Day will be on display in the church vestibule area.

The LGBT family Bingo and Movie Night on February 2, was well attended and a good time was had by all. Special thanks go to Celia Nathan for her leadership role in organizing this upbeat event. The LGBT Task Force is planning to sponsor another family gathering opportunity in the spring. If you are interested in helping with plan-

ning for this spring gathering and/or if you have activity suggestions to share, please let us know.

### **On Sunday afternoon April 6 at 4 p.m., the LGBT Task Force will host a concert performance at Cedar Lane by The Lesbian and Gay Chorus of Washington.**

This group is a voice chorus of 35 men and women who have been performing in the Washington D.C. area for the past 22 years. The group features a broad repertoire of choral music that affirms social justice, gay and lesbian pride, cultural diversity and humor. The April 6 concert will be a family friendly performance focused on the themes of love in its various forms and social justice. A reception will follow the performance for members of the chorus and all concert guests.

For more information about the LGBT Task Force and its various activities, contact Stephen Colgan ([smcolgan@hotmail.com](mailto:smcolgan@hotmail.com)) or Marge Dimond ([margeryjd@aol.com](mailto:margeryjd@aol.com)).

**Please Join the Social Justice Council for a Conversation with Rev. Louise Green**, Director of Social Justice Ministries at All Souls, Unitarian – Tuesday, March 4, 7:30 p.m. – Cedar Lane Chapel

Rev. Louise Green will share her insights on engaging congregations in effective social justice work. Rev. Green is a community organizer and UCC minister who worked for ten years with the Industrial Areas Foundation, a congregation-based, multi-issue network with over 60 affiliates around the country. She currently serves All Souls Church, Unitarian in Washington, D.C. No pre-registration required. Light refreshments will be provided.

### **Organizing for Social Justice Thursday, March 6, 7:30-9 p.m.**

Explore what makes for effective political advocacy, develop your leadership skills, and learn more about Action in Montgomery (AIM), the largest interfaith organization in Montgomery County, of which Cedar Lane is a founding member. **Alissa Glassman** is AIM's lead organizer. See page 14 of the Adult Programs brochure for more information and register at church or mail in the adult programs registration card.

### **Update on SJC listserv: Social Justice Bulletin**

The listserv is up and running. If you have signed up for it and haven't received the weekly message please contact SJC Secretary, Betsy Devlin-Foltz. We are working on getting the glitches out of the system. Thank you for your patience.

The Social Justice Bulletin comes out once a week consolidating short announcements of events, meetings, and volunteer and advocacy opportunities on social justice

issues in which the Cedar Lane community is involved. If you have information to include in the Social Justice Bulletin, please send it to [socialjusticebulletin-owner@yahoogroups.com](mailto:socialjusticebulletin-owner@yahoogroups.com) by Friday for posting by Monday. Brief "list ready" text most welcome. We may edit lightly, but prefer not to. Feel free to include a website link or contact person for more information, and try to elect the one or two most important items on your issue each week. We think less is more and want to make this a quick and easy read.

*Betsy Devlin-Foltz, SJC Secretary*  
[betsy@devlin-foltz.com](mailto:betsy@devlin-foltz.com) or 301-681-0904.

### ✿GREEN TIPS✿ Environmental Task Force

Information confirmed in:

[http://www.nursesnotebook.com/antibacterial\\_soaps.htm](http://www.nursesnotebook.com/antibacterial_soaps.htm)

### HOW TO WASH YOUR HANDS! & DO IT!

Fundamental information:

- Antibacterial soaps only kill bacteria (maybe).
- Antibacterial soaps do NOT bother viruses.
- Bacteria are wiley creatures that can evolve to resist being killed by antibacterial soaps.
- Some people are allergic to antibacterial soaps
- Both alcohol and vinegar kill bacteria.
- Alcohol and vinegar do NOT bother viruses.
- Bleach kills both bacteria and viruses.
- Colds come from infection caused by some 100 viruses. Herpes, HIV, flu, and diarrhea are all caused by viruses.
- Rubbing vigorously under running water for 30 seconds (*Happy Birthday* song repeated twice) will get rid of both bacteria and viruses.

Conclusion: **Any regular soap plus rubbing hands vigorously on all their surfaces for about 30 seconds** (*Happy Birthday* sung twice) and then rinsed but if necessary **only rubbing one's hands under water** is the polite thing to do because it will **prevent passing on your germs** to someone else. (Be sure to **remember your thumb...**)

### From "The Green Life," The Sierra Club:

Consumer Reports has made an excerpt from the report available on their site, called 20 Free Ways to Save Energy, which include using a crockpot, getting rid of that roof rack, and more! See

[http://www.consumerreports.org/cro/appliances/news/20-free-ways-to-save-energy-9-06/overview/20-free-ways-to-save-energy\\_ov.htm](http://www.consumerreports.org/cro/appliances/news/20-free-ways-to-save-energy-9-06/overview/20-free-ways-to-save-energy_ov.htm).

## TIME TO LET IT SHINE!

Cedar Lane's Gala Auction is **Saturday, March 8!**

6 p.m. - Doors open for Silent Auction, buffet reception, wine & beer cash bar

6-7:30 p.m. "*Nifty Thrifty*" rooms 1-2 lower level

8:30 p.m. - *Live auction begins*

Tickets \$30 in advance - \$35 at the door

Buy tickets Sunday in the lounge after each service, or call the CLUUC office

Includes free childcare in the Chalice House, by reservation only - contact [maryefarrar@verizon.net](mailto:maryefarrar@verizon.net) by March 1

### YOUR CHANCE TO WIN:

- **Family vacations or couples' getaways to great locations**
- **Dinners to popular area restaurants**
- **Tickets to plays, operas, Potomac cruises, new Nationals stadium**
- **Services and classes for home, health, garden, entertaining, etc.**
- **Gift certificates galore**
- **RAFFLE TICKETS \$15 each:**
- **High Definition Large Screen TV!**
- **Six months of local organic produce from Community Supported Agriculture**  
[www.spiritualfoodcsa.org](http://www.spiritualfoodcsa.org)
- **"50-50 CLUUC Bucks\$" – split the pot with the church; value getting higher every day!**

**FUN FOR ALL, SOMETHING FOR EVERY BUDGET**

**SUPPORT FOR CEDAR LANE!**

**LET IT SHINE - SEE YOU THERE!**

# TIME TO LET IT SHINE!

Cedar Lane's Gala Auction is **Saturday, March 8!**

**Interested in our NEW Auction feature, Nifty Thrifty? Read on:**

- All about donating

Nifty Thrifty is for donations of new or unused gift type items with value from \$5 to \$25 (lower than regular Auction items). We prefer small items. Intake for these donations will be at the church on Friday, March 7 from 9 a.m. until 8 p.m. and Saturday, March 8 from 9 a.m. until 12:30 p.m.

- All about buying

The Nifty Thrifty sales room will be in room 1-2 downstairs. Everything will be on sale the night of the auction, from 6 - 7:30 p.m., Saturday, March 8. Items will be priced \$5 to \$25 and will be cash and carry!!!

Come and buy some treasures. More questions? Call Helen Pechacek 301-384-2415 or [hpechacek@comcast.net](mailto:hpechacek@comcast.net)

**CEDAR LANE UNITARIAN UNIVERSALIST CHURCH**

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web site: [www.cedarlane.org](http://www.cedarlane.org)

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**The Rev. Roger Fritts** *Senior Minister*  
**The Rev. Susan Archer** *Minister of Religious Education*  
**The Rev. Heather Janules** *Assistant Minister and Minister for Pastoral Care*  
**The Rev. Leslie Westbrook** *Community Minister in Pastoral Counseling*  
**The Rev. Kenneth Torquil MacLean** *Minister Emeritus*  
**The Rev. Roberta M. Nelson** *Minister Emerita*  
**Dr. Richard Darne** *Director of Music Ministry and Organist*  
**Nancy Janssen** *Chair, Board of Trustees*  
**Leslie Kee** *Intern Minister*

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RETURN SERVICE REQUESTED

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