



CEDAR LANE NEWS

Cedar Lane Unitarian Universalist Church
9601 Cedar Lane • Bethesda, Maryland 20814

Volume LVI, No. 4

September 29, 2009

Sunday Services 9 and 11 a.m.

October 4, 2009

“A Little Bit of Toothpaste is Always Left in the Tube: a Conversation with Shabaka WaQlimi”

Rev. Roger Fritts

Several of you have asked me to follow up on an excellent sermon about the death penalty by Pam Gehrke, who served as our Intern Minister in 2008-2009. Thanks to the work of Karen Lerner, on October 4, I will have a conversation with a man who spent thirteen years, 1974 to 1987, on Death Row for a crime he did not commit. Shabaka writes, “No matter how old or wrinkled the toothpaste tubes becomes, if you squeeze it just right, something will come out every time. That is all you needed, just that much, to survive each day.”

October 11, 2009

“Association Sunday: Standing on the Side of Love”

Rev. Roger Fritts

Association Sunday is one day each year when congregations across the country recognize the work of the Unitarian Universalist Association. The sermon will tell the roots behind the UUA’s public advocacy campaign “Standing on the Side of Love.”

October 18, 2009

“To Bless the Animals”

Rev. Heather Janules and Rev. Susan Archer

This intergenerational service will be a celebration of all of the creatures with whom we share the Earth, a time to dwell on our interconnected relationship with the natural world and how the animals in our lives bless us with their presence and, sometimes, their charm and kindness. Both services will include an animal parade. All are invited to bring symbols of animals in your lives (photos, drawings or stuffed animals) for both services. However, if your vaccinated, leashed, and friendly pet would like to come in person, live animals are welcome at the 11 a.m. service. You may also e-mail

photos of deceased pets or pets best left at home to Heather at hjanules@cedarlane.org for inclusion in the service.

October 25, 2009

“Countdown to Copenhagen”

Rev. Roger Fritts

The United Nations Climate Change Conference in Copenhagen will open on December 7. Secretary General Ban Ki-moon has said, “Failure to reach broad agreement in Copenhagen would be morally inexcusable.” The sermon will look at what is at stake.

November 1, 2009

“Francis Collins’ Theism”

Rev. Roger Fritts

The new Director of the National Institute of Health, Francis Collins, has published a book, *The Language of God* that explains why he believes in God. On All Saints Day the short sermon will look at his arguments.

The Sunday Morning Forum

10:10 - 10:55 a.m. in the Chalice House.
Coffee is served.

October 4: *Where Can You Get a Good Drink*

Around Here? with Jim Neustadt, Director of Communications and Community Relations, Washington Suburban Sanitary Commission.

October 11: *Rethinking the War on Drugs* with Charles Thomas, Co-Founder and President of The Interfaith Drug Policy Initiative.

October 18: *Einstein, Faith, and Reason*, with Walter Isaacson, President and CEO, The Aspen Institute.

October 25: *China: The People’s Republic Turns Sixty*, with Harry Harding, Dean of the Frank Batten School of Leadership and Public Policy, University of Virginia.

Notes from the Ministers

Roger Fritts

For about fourteen years I led an aging support group twice a month Wednesday afternoons from 1:30 to 3:30. I liked the meetings because I could get to know those who attended in greater depth. Most of my conversations with you take place Sundays at coffee hour or at committee meetings. But at the Wednesday meetings people could talk, if they chose to do so, about the things that were really important to them in their lives.

Last year, because of deaths and illnesses in the group, the aging support group ended. Nothing lasts forever.

This freed my schedule up to try something new, which I am calling “Conversations with Roger.” I thought perhaps seven or more of you might be free on a Wednesday afternoon and would be interested in gathering to talk about issues that have impact on your life.

At the first meeting Wednesday afternoon, October 14, 1:30-3:30, we will start by talking about the essay “The Joy of Less.” The author lives with his sweetheart (the two children have left the nest), and makes a modest living as a writer. He says, “I live ... in a two-room apartment ... I have no bicycle, no car, no television I can understand, no media — and the days seem to stretch into eternities, and I can’t think of a single thing I lack... . Not having a car gives me volumes not to think or worry about, and makes walks around the neighborhood a daily adventure. Lacking a cell phone and high-speed Internet, I have time to play ping-pong every evening, to write long letters to old friends and to go shopping for my sweetheart . . .”

In this time of economic stress I invite you to join me in talking about the ways we each find joy.

Heather Janules

“How is [name of Cedar Laner here]?” As the Minister for Pastoral Care, this is a question I hear a lot.

I love this question. I love this question because it reflects the deep and genuine concern we have for one another in our community. However, as I hear this question frequently and as I often respond in a way that may be unsatisfying to someone asking it, I write to share why I answer as I do.

I encourage the person to reach out to the one who is the recipient of their concern. I do this for many reasons.

I do this to honor confidentiality. Sometimes, when folks are ill or injured, they don’t want many people to know about their situation. Perhaps they are private people or

they don’t like being the subject of someone else’s conversation. By encouraging direct contact, I give the person in question the opportunity to state for themselves how they are.

I also encourage people to talk directly to one another as, even if I have permission to share information, my knowledge of someone else’s health or sense of well-being is never as good as their own words.

But I also encourage direct conversation because of what it may offer to the person in question. I have heard from many people who have gone through personal challenges how meaningful it was that people they barely knew reached out to them.

We appreciate it when a minister or close friend offers support. But when folks from a whole community reach out, we can see the extent to which we are known and cared for. I know that one part of building community is getting out of the way of two people connecting with one another.

In their June retreat, the Board of Trustees named “creating a more compassionate church” as a shared goal. Our church leadership seeks to foster an environment where people feel free to share openly and receive support. Paradoxically, sometimes creating safety like this means taking risks, revealing our care by reaching out with respect and kindness.

As the Minister for Pastoral Care, I am privileged to hear the thoughts and feelings of many in our community. It is in service to each other and to the congregation as a whole that I wish to share the opportunity to listen and to be present. When curiosity or worry arises, please join me in this spiritual companionship.

We Care

The We Care program is a network led by volunteers who reach out to address short-term needs – food deliveries, rides to doctor’s appointments, a listening ear in the event of a loss. The Cedar Lane congregation is organized geographically by “neighborhoods;” each neighborhood has at least one chairperson to coordinate support. Look at your nametag or the map in the church office to find your neighborhood.

Condolences are with **Al, Maggie, Caitlin, McKenzie** and **Conor Brodnick (Neighborhood 4)** with the passing of Al’s sister, Valia, after a struggle with pancreatic cancer.

We celebrate that Imogene Molly Parker, the first child of Kati and Al Parker, was born September 20 in Philadelphia. **Russ and Judy Parker (N6)** are the happy grandparents!

Our hearts go out to **Margaret Saunders and Steve, Julian and Cary Spector (N8)** as they mourn the death of Steve's father, Melbourne Lewis Spector, who died suddenly on September 22.

Congratulations to the **Torchia** family (N7)! **Dennis and Marion's** son, **Paul Torchia**, married his sweetheart Elizabeth Claessens on Saturday, September 19, with Susan Archer presiding over the ceremony, set in the Catocin forest.

Healing wishes are with **Bob Steck (N26)** as he recovers from kidney surgery.

Update on **Bruce Douglas (N8)**: After a brief stay in Suburban Hospital to treat a case of pneumonia, he has returned to the Hebrew Home and will hopefully be strong enough to go home soon.

Should you know of a member of our community in personal need, you are encouraged to reach out to them. If you learn that this person wishes to receive a response from the church, please contact Heather Janules at x204 or hjanules@cedarlane.org. All ministers offer pastoral care to our members so you are also encouraged to contact any member of the ministerial team.

From the Administrator

At long last, the directories are here. Unfortunately, they arrived incomplete. They are missing a photo of Leslie Westbrook, Community Minister, and an address page for some of the folks whose last name began with 'G.' While I don't have a photo of Leslie to pass on to you, we do have inserts for the directory that you can pick up at Cedar Lane.

Extra Extra Read All About It!

Cedar Lane is going to monthly paper newsletters! In our efforts to become more **GREEN** the office will be sending out weekly *E-News* to member e-mails and including more news in the Sunday orders of service. If you do not use e-mail or the web to get church information, please contact the main office at 301-493-8300 to be included via snail mail.

Music Notes from the Director of Music

Concerts at Cedar Lane

If you were one of those who attended Worship Services on Sunday, September 20, you heard the lovely soprano

voice of Katrine Anderson singing during the Offertory. Concerts at Cedar Lane is pleased to be presenting **Katrine Anderson and Friends** on Sunday afternoon, October 11 at 4 p.m. The concert will feature the slow lilting ballads of Katrine's homeland as well as some wild, foot-stomping instrumental numbers by her band members, including fiddler Bobby Spates, guitarist Jan McLeod, and Renaissance specialist Tina Chancey. This performance is free and open to the public. Good will donations will be accepted at the door to support Concerts at Cedar Lane. Mark October 11 on your calendars and come early to get a great seat!

Ad Hoc Choir

Our user-friendly choir, the Ad Hoc Choir, will meet for the first time on **Sunday, October 4, from 12:15-1:15 in the Chapel**. This singing group for all ages will help you become comfortable with your voice and with singing in a group. We'll sing easier songs and we'll learn songs from *Singing the Journey*. Do come and join us!

Sunday Worship

On October 4 the Adult Choir will be singing songs of faith and love. "Even When God Is Silent" is a touching poem of faith that was composed by Michael Horvit to commemorate the 50th anniversary of Kristallnacht, the Night of Broken Glass, in Cologne, Germany, in November of 1938. The Choir will also present two movements from Paul Halley's *Freedom Trilogy*: "Kyrie," with Latin text, and "Halleluya! Pelo tsa rona," with South African text. The Congregation will sing the hymns "There is a Balm in Gilead" and "Woyaya."

On October 11 we will sing hymns from the Unitarian tradition including Jason Shelton's "Standing on the Side of Love," and music composed by Unitarian composers or by others who captured the essence of Unitarian beliefs in their compositions.

All Saints/All Souls Days

November 1 marks All Saints Day and November 2, All Souls Day. If you would like to remember a deceased loved one in a special way, we invite you to attend worship services on Sunday, November 1. Under the direction of Dr. Henry Sgrecci the CLUUC Adult Choir will present Gabriel Fauré's *Requiem* with chamber orchestra and Thomas Guthrie at the organ.

Finance Committee

Cedar Lane completed its 2008-2009 Fiscal Year (Church Year) financially with revenues of \$1,043,653.85 and expenses of \$1,071,483.96 thereby leaving an operational deficit of \$27,830.11. Although this doesn't look so good

at first glance, it is \$1,245.89 better than the operating deficit approved by the Board of Trustees for the 2008-2009 Fiscal year. It should be noted that had we not received a substantial bequest from the estate of a deceased member the deficit would have been considerably greater. Although expenses were generally in line with budgeted amounts, pledge income was down reflecting in part the deteriorating economy.

The operating budget for Cedar Lane for 2009-2010 as approved by Board of Trustees anticipates revenues of \$1,104,500.00 and expenses and contingencies of \$1,104,500 thereby establishing a balanced budget for the current year.

Increased pledge amounts from Cedar Laners, one time gifts and pledge matching from undisclosed members all contributed to create a realistic operating budget for 2009-2010. Thanks to all.

Tom Nixon, Finance Chair

Education for All Ages

Religious Education Notes

Accessibility: We need your help!



BACK DOOR (lower level): A few of you noted that the door button for wheelchairs (and arms loaded with RE stuff) didn't seem to be working. We had it repaired over the summer and want you to know that it actually does work—but, you need to give it a slow sustained push, not a quick shove, to make the door open.

FRAGRANCE: Some of our children and adults have reported fragrance sensitivities to perfumes, etc. Please save these special aromas for other times to help those struggling with asthma and allergies. Many thanks!



NUTS: We have children who have severe allergies to NUTS. Please check labels when you are in charge of snacks. Downstairs should be a "NUT-FREE ZONE," for the sake of our children and for Cedar Lane Nursery School.



Launched!

We are now underway with groups for our youngest through our high schoolers. September 20 was the big day. It was indeed wonderful to see our families arriving, meeting teachers, and re-connecting with one another.

Energy is high and enthusiasm is palpable. Most classes are still accepting children and there is room in all grades in at least one session. So . . . if you haven't registered, please give us a call or get in your paperwork so your kids and youth can get in on the great energy and programming.

Class Open Houses!

It's all about connections—with your young person's teachers, to the program goals, to your own child, and with the other families who share this Cedar Lane RE experience. Make new friends and re-connect with old! Not all classes will participate, as some have already built a similar event into their curricula—so don't be concerned if your child's class is not listed below! Relationship is at the heart of a faith community, and this will help us all to make connections and deepen them. Watch for your invitation with more details!

- Oct 4 Session I— Grades K, 1, 2, 3
Session II – Grades K, 2, 3, 10-12
- Oct 11 Session I – Grades 6, 7
Session II – Grades 4, 5, 6, 7
- Oct 25 Session I – Babies, 2's, 3's, 4's, Grade 4
Session II – Babies, 2's, 3's, 4's

Need a Little Help Getting Your Kids Settled into RE?

Have questions, concerns, wonderings? Please contact our Minister of Religious Education, Susan Archer. Our goal is to have Sunday mornings meet the needs of all our children.

Youth Notes

Youth Activity Group*

Retreating

Flyers and forms have been mailed for the next big event—the Fall Camp Tockwogh Retreat, October 3 and 4. Students say this is one of the activities they most remember about their years at Cedar Lane. Join us on the Retreat and find out why. We have been able to reschedule the Gettysburg Trip to October 17 and 18. More than a dozen students registered when it was planned for September, so we hope everyone will want to sign up again. A new notice will be mailed after the retreat.

Upcoming Events:

- October
 - 3/4 Retreat to Camp Tockwogh, Eastern Shore
 - 17/18 Gettysburg
 - 24 River Rafting in Front Royal, Virginia
- November
 - 21/22 Hiking trip in West Virginia w/ Chris Mauro

The Youth Activity Group (*formerly the Junior High Youth Group) is open to 7th and 8th graders at Cedar Lane. If you have any questions about the Group or its activities, contact Susan Archer, John Daniel (301-946-5509) or Kim Clarkson (301-587-3051).

Senior High Activity Group

For information on the Senior High Activity Group (grades 9-12) contact Archene Turner at 301-493-8300 x205, aturner@cedarlane.org or archene@gmail.com. A letter to senior highers and their parents with an activity schedule has been e-mailed and snail-mailed to participants. If you have not received this information, please contact the RE office.

Young Adults (Ages 18-35)

The UU Young Adults of Maryland (UUYAM) group plans activities for local UU Young Adults. Visit <http://groups.google.com/group/uuyam> to join the UUYAM e-mail list and view schedule of upcoming events, or call Tama Yarina with questions at 906-281-2537 or tryarina@gmail.com. For resources and information on Joseph Priestly District (JPD) Young Adult events, visit the JPD Young Adult Network at www.jpduuyan.org.

Join other Young Adults for Brunch: Meet in the vestibule at the back of the sanctuary 15 minutes after the end of the 11 a.m. service. We will car pool to a local restaurant for lunch or brunch and fellowship.

Be sure to check out the *Adult Programs Fall 2009* brochure! There are many programs of interest to young adults. Lizzie Bryant, a registered dietician, will be leading *Nutrition on the Fast Track*. The first session will explore basic nutritional information and ideas for providing nutritious meals with minimal time in the kitchen. In the second session, some time will be spent in the kitchen concocting a delicious and nutritious lunch to share. Saturdays, November 21 and December 12, 10:30 a.m. to noon (this date is a correction to the brochure); Pledgers \$10; non-pledgers \$15. Register through Adult Programs. The brochure and registration information are also on the web: www.cedarlane.org.

Adult Programs Notes

To register for Adult Programs: complete a registration card, write a check for any fees, and mail or bring them to the church c/o the RE Office. A full description of classes is in the *Adult Programs Fall 2009* brochure. The brochure and registration cards are available at the church and on the website at

www.cedarlane.org.

Forgot to register? Pre-registration is critical to planning—for the leader, space in the church and administratively. But if time slipped by, you are interested and all of a sudden have the time, most classes can accommodate attendance and registration at the first class. Best to call the RE office before 4 p.m. to be sure the class is still happening. Support groups and Connection Circles need advance notice before attending.

Classes starting soon:

October

- 1 **Exploring Mortality** with Rev. Heather Janules—four classes; including the lecture “Because You’ve Never Died Before: The World of the Dying,” plus our memories, fears and discoveries.
T’ai Chi Daytime—find harmony and improve your stamina and sense of balance.
Alexander Technigue—free introductory class
- 3 **Theological Wonderings** with Rev. Susan Archer—for new UUs and *old-timers*, looking at what it means to be human through UU history and our contemporary faith.
Underground RR Experience Hike—What was it like to escape to freedom? Hikers will learn tricks to elude persuers, get food, and find their way to safety.
- 5 **Continuing Yoga**—requires previous experience.
Meditation—for beginners and more experienced students. This popular class meets on Monday evenings.
- 6 **The Philosophy Club**
- 7 **T’ai Chi Evening**—see Daytime T’ai Chi.
- 13 **Death in the Family: Practical Realities**—in one evening, Barbara Baylock M.D., will walk you through whom to notify; death certificates; options for funerals, burials and cremations; cultural practices and figuring out if prepaid arrangements are a good idea.
- 14 **Wednesday Conversations with Rev. Roger Fritts**—these will be informal drop-in-sessions on the 2nd Wednesdays of the month in the afternoon. The first topic will be the economy and the essay “The Joy of Less.”
- 15 **Alexander Technique**—this is a guided exercise class to improve posture, coordination and movement.
- 20 **Book Discussion Group**—meets monthly on the 3rd Tuesdays in the evening. Newcomers welcome.
- 22 **Lao-Tzu’s Tao-Te Ching**—will cover the Tao, ultimate reality, his influence on other Chinese religions, and his relevance to the modern world.
- 24 **Sugarloaf Mountain Hike**—meet at the church, wear comfortable clothing, and bring lunch.
- 26 **Sacred Feminine**—this two evening workshop is an

experiential encounter with images of the Goddess, from 20,000BC to the present. Leader Tim Ward is the author of 5 books including, *Savage Beast: One Man's Search for the Goddess* and *What the Buddha Never Taught*. \$5 discount for partners attending together.

- 27 **Frontiers of Science/ 5 Technologies That Will Change Our Lives**—a discussion about cutting edge technologies, used to study food-borne bacteria, that have a huge impact on our daily lives and future generations.

November through January— look for more, exciting offerings.

Sunday Morning Forum

The Sunday Morning Forum meets between services from 10:10 to 10:55 a.m. in the Chalice House. Everyone is invited.

October 4: *Where Can You Get a Good Drink Around Here?* with Jim Neustadt, Director of Communications and Community Relations, Washington Suburban Sanitary Commission (WSSC). Learn the challenges the WSSC faces to provide us with good, drinkable water—and what WSSC is going to do about them. Water rates are up 9%; is that the answer?

October 11: *Rethinking the War on Drugs* with Charles Thomas, Co-Founder and President of The Interfaith Drug Policy Initiative (IDPI). We will see two brief videos critiquing the War on Drugs, one featuring retired law enforcement officers, and the other featuring religious leaders. Then Mr. Thomas and Rabbi Jeffrey Kahn, the new Executive Director of IDPI, will lead a discussion on how to move from prohibition laws toward reasonable and compassionate drug regulation, education and treatment.

October 18: *Einstein, Faith and Reason* with Walter Isaacson, President and CEO, The Aspen Institute. The basic tenet of quantum mechanics is that we can never know anything with absolute certainty: everything is probabilistic. Albert Einstein famously said that “God would not play dice with the universe.” In this particular case, he relied on faith, and it turned out (probably) that he was wrong. Drawing on research for his best-selling biography, “Einstein: His Life and Universe,” Walter Isaacson will discuss Einstein’s fruitless search for a spirituality and intellectually satisfying “theory of everything.”

October 25: *China: The People’s Republic Turns Sixty*, with Harry Harding, Dean of the Frank Batten School of Leadership and Public Policy, and Professor of Politics and Public Policy, at the University of Virginia. October 1 is the 60th anniversary of the founding of the

People’s Republic of China. Dr. Harding will review the major trends in China’s evolution over those six decades, as the country has experienced an often dizzying blend of domestic upheaval, dramatic change in development models, rapid economic growth, and ultimate rise to major power status. Americans face a very different China now than they did sixty years ago, or even twenty years ago. How must our approach to China change to match the dramatic transformation of China itself? Earlier this year, Dr. Harding served as a visiting professor at the University of Hong Kong, and from 1995 to 2005 he was Dean of the Elliott School of International Affairs at George Washington University.

Kiplinger Committee

The 2009 Kiplinger Lecture “When, If Ever, Is the Use of Military Force, Morally Justifiable?” will be held Saturday, November 21, at 2 p.m. Cost is \$10 and students are free. Register now through Adult Programs.

Connection Circles

Connection Circles are an important part of the Cedar Lane community for new and long-time members.

Here’s a reflection by a member of the on-going Living by Heart II group: “Living by Heart II is a connection circle whose members center their meetings on discussion of the spiritual and emotional values presented in Harry Scholefield’s *Living by Heart* curriculum. Our meditative practices are as varied as our individual members and we share these with the group, along with our favorite poems. Poetry, as a form of meditative practice, is a major part of our sessions, and a major source of inspiration. We read poetry aloud, reflect on it and perceive how it speaks to our own lives.” The group meets the second and fourth Tuesday of each month from 7 to 9 p.m.

The Living by Heart II group and other circles are accepting new members. Look for group descriptions in the Adult Programs brochure. To join, register through Adult Programs. Questions should be referred to Heather Janules at 301-493-8300 x204 or hjanules@cedarlane.org.

Around the Church

50/50 Offertory Split

On October 4, we will share the plate with Witness to Innocence, a national anti-death penalty organization that arranges speaking events for individuals who were wrongly accused, sent to death row, and now have been exonerated and released. The organization is composed of these ex-death row prisoners, and also facilitates gather-

ings for its members to empower them to be effective leaders in the movement to abolish the death penalty.

Crones Become Tuesday Travelers

Tuesday, October 6, the Crones Connection Circle will become Travelers, going to points of interest that members want to visit. Travelers will meet at Chalice House by 9:30 a.m., go to the Metro, and visit an attraction before returning by early afternoon or sooner. (Those wishing to stay longer at the DC attraction will do so—and get themselves back to CLUUC to get their cars.)

First destination: the Visitors Center at the U.S. Capitol. We'll order several tickets in advance and take our chances on securing more that day if we need them. Other possible destinations on other Tuesdays: (1) the oceanic display at the Museum of Natural History and (2) the Hidden Life of Ants at the same place, (3) Whistler's exploration of urban darkness (at the Freer), and others that Tuesday Travelers suggest. Want to come along? Show up at Chalice House by 9:30 on the second and fourth Tuesdays of the month. Questions? Ask Coralie Adler (coralie7@verizon.net; / 301-460-3112) or Wanda Van Goor (wmvangoor@aol.com /301-652-0296).

Where is that casserole dish? Abandoned/ forgotten cookware in the Cedar Lane kitchen pantry will be removed in mid-October.

Cedar Lane Stage presents *Doubt: A Parable*, by John Patrick Shanley

“There are two ways to slide easily through life; to believe everything or to doubt everything. Both ways save us from thinking.”—Alfred Korzybski (1879-1950)

John Patrick Shanley's Pulitzer Prize-winning drama, *Doubt: A Parable*, produced here by Cedar Lane Stage, challenges the audience to question the very foundation of their beliefs. In this brilliantly conceived and written piece, Sister Aloysius (CLUUC's own Jane MacFarlane), a principal at a parochial school in the Bronx in 1964, takes matters into her own hands when she suspects a priest of improper relations with a young black male student. In the wake of an electrifying series of confrontations with the novice nun, the accused priest, and the mother of the alleged victim, her world view is challenged. The sequence of events allows the audience to ponder the central issue of possible abuse and how it should be handled, as well as the many sub-themes that emerge from the stage play—including race and gender equality, powerlessness in the societal hierarchy, the roles of schools, and the changing face of the church in the community. It is a compelling drama, indeed.

Doubt: A Parable runs weekends, Friday, October 9 through Sunday, October 25. See posters for details.

The Stage is also looking for volunteers to help the stage manager. Contact Dick Messalle at RMCedarLane@verizon.net or call 301-681-5069.

“Just War”--Is There Such a Thing?

“Just peacemaking” deals with practices that prevent wars. “Just policing” deals with non-violent responses to terrorism. But is there— can there be— such a thing as “just war”?

Our Kiplinger lecturer will deal with such questions on Saturday, November 21, at 2 p.m. Come to hear Paul Razor give his answers to such questions. Cost— \$10, students free.

Help Needed for Martha's Table!

Every month dozens of Cedar Laners bring in food donations for Martha's Table. We now urgently need a driver to take the food downtown to Martha's Table, located at 2114 14th Street, NW, on the second Tuesday of each month. If you can help, please get in touch with Karen Lerner at 301 320 4811, or karenb.lerner@comcast.net.

Holiday Craft Day

Saturday, December 5, 2009; 10 a.m. - 2:30 p.m.

Mark your calendars now for this year's Holiday Craft Day to be held at Cedar Lane. This family-friendly event is for all ages and abilities. Spend a day with family and friends making great holiday crafts that can be used in your own home or given as gifts.

Registration will begin in November in the lounge after both services or in the R.E. office. The registration fee will be \$10 per person or \$20 per family (some special crafts will have a nominal additional charge). This fee covers the cost of the crafts, a great deal of fun, and a bunch of handmade gifts that you can share with others.

If you would like to get into the holiday spirit, we would love to have volunteers to either lead crafts or be a helper in one of the craft rooms. Please contact Chris Black at christineireneblack@hotmail.com or 301-774-0518, or Celia Nathan at celia_nathan@yahoo.com or 301-326-5886, if you would like to be part of this festive event.

Please save your GLASS jelly, pickle or 8oz to 15 oz jars for one of our great holiday craft projects. Please leave them in a box right outside the kid's chapel. Thanks!

On Sunday, October 11, 2009, Equality Across America (www.equalityacrossamerica.org) is sponsoring a National Equality March in Washington, DC. People from all across America will gather with the goal of achieving full equality for all LGBT people in all matters governed by civil law in all 50 states.

The UUA has officially endorsed the March and UUA President Rev. Peter Morales will lead the UU delegation at the Rally. Following here is a schedule of October 11 planned events.

Members of the Cedar Lane LGBT Task Force group are planning to participate in the October 11 events, and other members of the Cedar Lane Community are encouraged to join the larger UU group that day as well. For further information contact Stephen Colgan (smcolgan@hotmail.com) or Marge Dimond (margeryjd@aol.com).

National Equality March

October 11, 2009 - 9:30 a.m. to 5 p.m.

10:30 a.m. - We will gather after services and take the Metro to the beginning of the march route (location TBD).

12 p.m. - National Equality March begins.

2 p.m. - Rally on the West Lawn of the U.S. Capitol

♣GREEN TIPS♣ **Environmental Task Force**

County Accepts More Recyclable Types

Under an improved program, Montgomery County residents of single-family homes can now recycle non-hazardous aerosol cans and Tupperware™ and Rubbermaid™-type durable reusable plastic containers and lids. Non-hazardous aerosol cans include whipped topping, spray cooking oil, deodorant, shaving cream and hair spray aerosol cans. These cans must be emptied before being placed into the blue commingled materials recycling bin.

In addition, the mixed paper recycling program has been expanded to include various types of coated paper items. These items include milk and juice cartons, frozen food boxes, cardboard ice cream containers and lids, paper coffee and drink cups, wax-coated fruit and produce boxes, and juice and drink boxes.

Donations for A Wider Circle

Now that church is back in full swing again, I wanted to remind people that we are collecting personal hygiene items for the clients served by A Wider Circle. AWC provides furniture and other basic household items to families coming out of homelessness as well as residents of 10 public housing facilities in the region. These items are difficult for their clients to obtain. Trial sizes are fine but full size items are even better! Deodorant, shampoo, toothpaste, shaving cream and other items are much needed by these families. So add another item when you shopping and drop it in the wire crate marked "A Wider Circle" by the chapel next to the Manna food box on Sundays! This collection will be ongoing. Many thanks! For questions, call Anne Thompson 301-461-1332.

A Wider Circle Annual Fundraiser!

The World's *Largest* Indoor Picnic will again be the theme of A Wider Circle's annual fundraiser on Sunday, October 25 from 3 – 6 p.m. It is a family-friendly event with something for everyone. Held at the Bindeman Center in Potomac (Falls and Tuckerman), the cost is \$25 for adults and FREE for children under 16, with all activities free as well. A Wider Circle is a non-profit, grass-roots organization dedicated to helping people lift themselves out of poverty through supplying basic household items and health and wellness programming.

Tickets: call 301-608-3504 or www.awidercircle.org
Questions: call Anne Thompson, 301-461-1332 or annethompson@awidercircle.org.

Music at River Road UUC

Saturday, October 24 at 6 p.m. A special evening of dinner and music will take place at the River Road Unitarian Universalist Congregation. Musicians from the Washington Balalaika Society, 'Russkie Musikanti,' will provide the entertainment. The Partner Church Committee, the sponsor of the event, supports projects in Romania and India. \$30 fee. www.rruuc.org. (301) 229-0400.

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Tel 301-493-8300

We request copy to be typed and left at the church office or e-mailed to newsletter@cedarlane.org.

Next deadline is noon, Wednesday, September 23, 2009

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The Rev. Heather Janules *Associate Minister*
The Rev. Archene Turner *Coordinator of Senior High Youth Ministry*
The Rev. Leslie Westbrook *Community Minister in Pastoral Counseling*
The Rev. Kenneth Torquil MacLean *Minister Emeritus*
The Rev. Roberta M. Nelson *Minister Emerita*
Dr. Henry Sgrecci *Director of Music*
Thomas Guthrie, *Organist*
Duncan Ferguson *Chair, Board of Trustees*
Sara Deshler *Church Administrator*

TIME SENSITIVE MATERIAL

BREAKTHROUGH DAY

Join us! The Breakthrough Task Force needs you!

Help our church break through to a new level of excellence! The Breakthrough Task Force invites you to join us for Breakthrough Day. We want to engage you, the congregation, so that together we can discover what is most important and meaningful to us as a church community as we move forward.

We will meet in large and small groups in a wonderfully positive and affirming process called Appreciative Inquiry (AI). It works - you'll see! We'll ask for your vision of Cedar Lane. What are your dreams? What are your ideas? Tell us what you like now and what you would like to see in the future for worship, religious education, social justice, governance, grounds, facilities, music, and any other areas of congregational life that are important to you.

Breakthrough Day is a day of listening, sharing, imagining, discovering, and designing.

How: Come to Breakthrough Day

When: Saturday, October 17

Time: 9 a.m. - 3:30 p.m., (coffee at 8:30)

Where: Cedar Lane Sanctuary

Over the past year, we've talked to groups, committees, and individuals, but now it's time for all of us to come together— even if you have previously participated. Our charge from the Board of Trustees, and our wish, is to hear as many voices as possible.

You will leave Breakthrough Day knowing that your visions, best hopes, and specific ideas will help shape Cedar Lane's future.