



CEDAR LANE NEWS

Cedar Lane Unitarian Universalist Church
9601 Cedar Lane • Bethesda, Maryland 20814

Volume LVII, No. 2

August 24, 2010

**Sunday Services 10 a.m. only through Sep. 5
9 a.m. and 11 a.m. from September 12 onwards**

August 29, 2010

“Beloved Community: The Unfinished Business”

Paula Cole Jones

Who do we have to become to create the beloved community? Whatever changes we as religious people must face, our job is not done until it becomes a way of life. We have unfinished business in creating a world better than what we know today.

Paula Cole Jones was called as a consultant by her home congregation to co-facilitate a process of reconciliation, which led to the founding of ADORE, A Dialogue on Race and Ethnicity, twelve years ago and subsequently nine years of involvement as a leader in antiracism.

September 5, 2010

The Rev. Dan Schatz

September 12, 2010

“Water, Giver of Life: An Ingathering Service for All People”

The Revs. Roger Fritts, Susan Archer, Archene Turner, and Heather Janules

Many years ago, the organizers of a Unitarian Universalist women’s conference asked participants to bring a little water from home so the water of these diverse places could be joined in one vessel, symbolizing unity among many. Since then, it has become a tradition in many Unitarian Universalist congregations to hold Water Communion services in the fall, where people bring water from home or from places they have visited to join together in this way. This ritual reminds us of how different we are from each

other but what connections live between us in community.

This service will celebrate these connections and the life-giving nature of water itself. Please bring some water to add to the common bowl, reflecting the many gifts you offer and the blessings of the places we know of as home.

Childcare (for ages 5 and younger) is available for those who choose it, but all ages are very welcome at this joyful re-gathering of our faith community.

September 19, 2010

The Rev. Roger Fritts

September 26, 2010

“Holding On and Letting Go”

The Rev. Heather Janules

When I shared in the church newsletter that I was going on a four-month sabbatical, I described the many plans I had for this intentional time away. But I did acknowledge that “when we make plans, God laughs.” This service will dwell on the unintended spiritual lessons I learned from sabbatical and the wisdom I gained from visiting a diversity of worship services from different faith traditions.

The Sunday Morning Forum meets at 10:10 - 10:55 a.m. in the Chalice House. Coffee is served.

September 12: *The Future of Electric Vehicles: Tesla Electric Sportscar Demonstration* with Jeff Leonard, Cedar Laner and CEO, Global Environment Fund.

September 19: *The Untold War: Inside the Hearts, Souls, and Minds of Our Soldiers* with Nancy Sherman, author and professor of philosophy, Georgetown University.

September 26: *America’s Love/Hate Relationship with International Law* with Linda Bishai, Senior Program Officer in the Academy for International Conflict Management and Peacebuilding of the United States Institute of Peace.

Notes from the Ministers

Susan Archer

“This is how ethnic cleansing gets started. It comes disguised as law enforcement, as a firm hand protecting social order during chaotic times. Ethnic cleansing is founded upon fear. It requires turning an ethnic or racial group into ‘the other.’ ‘They’ are taking over. ‘They’ are different and will destroy our way of life. The process ends, always, in violence.”

These are the words that begin the reflection of UUA President Peter Morales on his recent experiences of actions and arrest at the recent SB 1070 protests in Arizona. He was joined by hundreds of other UUs. Clearly, the legal battles around the rights of immigrants continue as they are in Arizona. I suspect there are among us Cedar Laners a variety of opinions on which tactics are most appropriate, are actually efficacious, whether Rev. Morales is exaggerating, the moral degree of sway of the personal tragedies of immigration practices that many of us have seen or learned about.

It was, in fact, that way at this year’s General Assembly as we voted to make a response to the Arizona bill an Action of Immediate Witness, decided to make immigration reform a study issue for our congregations, and then, after much dialogue and prayer, voted that the 2012 General Assembly remain in its scheduled site in Phoenix, but that it be a “Justice General Assembly” . . . “for the purposes of witnessing on immigration, racial and economic justice . . . in which business is limited to the minimum required by our bylaws.” The vote was overwhelmingly in favor of this last resolution.

During these debates I was very proud to be a UU. I personally did agree with the decisions we ultimately made but my pride was fueled by the respect and care as well as passion we exhibited as we had these difficult conversations. It is tricky to have such deeply felt opinion in a debate AND to have open ears and deep respect for all who are articulating their views, even when opposed to one’s own.

Much has happened since GA – demonstrations in Arizona in which hundreds of UUs participated and more. I encourage you to read both the Morales’ reflection and other news on immigration issues at uua.org. You might also want to read the article at http://www.religiondispatches.org/archive/politics/3102/a_primer_on_activism_from_unitarian_universalists/. All fodder for more thought as we consider our individual

and collective roles on this issue.

It is clear that the actions in Arizona are not just about one state law but about a deep concern for the wellbeing and inherent worth of all people, so often these days wrapped up in the complications of immigration policy and practices, of enforcement, and of the attitudes of many of us “old immigrants” towards the new. I look forward to hearing the dialogue unfold in our own faith community as we swing into this new congregational year.

In the meantime, much love to all of you. Heather and I are back for the month of August, with one of us always available for pastoral needs and more as we begin our preparations for all that is to come very soon! Roger and Archene will join us soon as September rolls in to greet us! It will be good for us ministers to be together again and great for us all to be with you!

We Care

The We Care program is a network led by volunteers who reach out to address short-term needs - food deliveries, rides to doctor's appointments, a listening ear in the event of a loss. The Cedar Lane congregation is organized geographically by "neighborhoods"; each neighborhood has at least one chairperson to coordinate support. Look at your nametag or the map in the church office to find your neighborhood.

Our hearts go out to the **Nachtrieb family (Neighborhood 99)**, part of the Cedar Lane diaspora, currently living in China, with the death of Rebecca's mother. Rebecca was able to return to the States in order to attend her mother's funeral and to celebrate her life with friends and family. Rebecca writes, "My mother was first and foremost a beloved elementary teacher. She was also a favorite on the stage of our local community theater. Over and over people said what a full and wonderful life she had led." Those who wish to send condolences may reach the Nachtriebs at osalone@yahoo.com.

Should you know of a member of our community in personal need, you are encouraged to reach out to them. If you learn that this person wishes to receive a response from the church, please contact Heather Janules at hjanules@cedarlane.org. All ministers offer pastoral care to our members so you are also encouraged to contact any member of the ministerial team.

Music Notes from the Director of Music

A word from Fred Peters; nonagenarian, skier, golfer, tenor - CLUUC Adult Choir

I have enjoyed singing as long as I can remember, but my only early exposure to group singing was with the high school glee club – in a town of 700 people.

When I came to Washington for the 1940 Census, I worked for a middle-aged lady who was a member of Mount Vernon Methodist Church. At her suggestion I gave the choir there a visit. Here was a first-class choir of sixty voices, a large pipe organ, and a director who was also a well-known composer of sacred as well as symphonic works.

Talk about culture shock! As George Gobel once said – O.K., that gives you an idea how old I am – “Have you ever felt that the whole world was a tuxedo, and you were a pair of brown shoes?” That’s about how this small-town boy felt. They were rehearsing a very difficult choral work, the name of which I do not recall. It took all my courage to even come back, but somehow I did. (I *really* wanted to sing). In succeeding weeks, fortunately, there was some less demanding music, which helped encourage me to hang in there!

After some voice lessons, and a stint in the Army in India, (where I sang in a small men’s choir,) I returned to Washington, re-joined the Mount Vernon Choir, and later had the opportunity to be lead tenor at St. Thomas Episcopal Church and, in succession, Chevy Chase Methodist, St. Stephen and the Incarnation Episcopal, and then Memorial Methodist Church in Silver Spring.

After several years there, I became rather bored with the limited repertoire and felt the need to move on. Since I had heard A. Powell Davies on the radio, and had read many of his sermons, the Unitarian Church sounded like a place for me. Our organist knew the quality of the Cedar Lane Choir, and was impressed with the talents of Dick Darne. This encouraged me to visit the choir here. To my surprise Dick Darne didn’t even ask me to audition.

I felt at home immediately. What impressed me was the variety of music the choir was singing. Poems by Frost, Tennyson, Whitman and others, set to music – this was something new -- along with the traditional hymns, anthems, oratorios and masses. That first year here was quite a challenge too, but I enjoyed every minute of it. After twenty-five years, I still do.

Among Barbershop singers (of which I am one) there is a song that begins “Singing is a tonic for the careworn, doctors say it’s good for our morale.....” It certainly has been good for mine and, I am convinced, has helped me live as long as I have. The fellowship of this great gang is priceless. I am moved to echo the words of Henry Sgrecci in a recent issue of the *Cedar Lane News*, in which he said “I’d like to see several new faces in the Choir loft come September.” So why not join us? You’ll *like it!*

Fred Peters

To inquire about singing with the CLUUC Adult Choir contact Henry Sgrecci: hsgrecci@cedarlane.org or call 301/493-8300, ex 314.

EDUCATION FOR ALL AGES

Susan Archer, Minister of Religious Education
Archene Turner, Coordinator of Senior High Youth Ministry
Gale Ginther Luce and Jeannette Wilson, Administrators
For information and to register for classes and programs
call 301-493-8300 x207 or email RE@cedarlane.org.

Religious Education for Children (RE)

We are eagerly looking towards the beginning of the RE year. It brings much excitement! We look forward to renewing our friendships, starting classes and exciting events. We are busy collecting forms, making class folders and name tags, and all the other miscellaneous projects to assure that our year starts smoothly. Our classroom clean-up (we need volunteers) and Teacher Orientation (if you are teaching, you’ve already received an invitation) are on September 11; Ingathering Service is on September 12; and classes start on September 19! We look forward to the start of the RE year, and the energy it brings!

RE Registration forms are DUE!!

It’s not too late, so please get them in as soon as possible! Thank you to all families who have already sent forms in and committed to volunteer roles within the RE department, we couldn’t offer all of our programs without the help of many hands. If you have not yet responded to the registration email that we sent in June, see if you can find it, and confirm that the information we have for your child(ren) is correct; follow up with the forms. If you no longer have the email, or didn’t get one, please download the forms from our website, www.cedarlane.org, or pick some up at church (under the nametags or downstairs), fill them out and return them. Thank you!

Adult Teachers Needed: No Experience, Only Love Necessary

A few more adults are needed to complete our teacher teams for this year.

Session I, 9 a.m.:

Babies, Toddlers and Three Year Olds: Need one adult.

Session II, 11 a.m.:

Babies, Toddlers, Threes and Fours: We hope to divide this into two groups, *Babies and Toddlers*, and *Three-Four Year Olds*. We are waiting to see what the registration is like in terms of numbers and ages. We have a good set of “rotators”—this means we set up a schedule for teachers (accommodating availability, 1-2 times per month). We could use a couple of more rotators for this no-prep, “just bring love” group. If we separate into two groups (we are hoping for this), we will need a regular teaching team of 2-3 for *Threes and Fours*. We have a simple curriculum that they are ready for, to enrich their core: playing and learning to be at home in their faith community. If you can help in any way with either group, or the combined group if that happens, please let me know. These are very sweet little ones and the rewards are great!

DUSO-Haunting House class (Grades K and 1): If registration is small, these classes will be combined. At the moment we have NO teachers. Please say yes and be open to a combined curriculum if necessary (Susan will help you figure this out). In any case, this class is likely to be small and give maximum nurturing time for these young ones.

OWL Parent Orientation

If you have an 8th grader in Our Whole Lives this year, you should have received information about the required parent orientation. Please let us know which session you will be attending. If you have questions or concerns, please call Susan.

RE Calendar

9/4 Go Green Gala

9/6 Labor Day Parade

9/11 Teacher Orientation

Classroom Clean up

9/12 In-gathering Service 9 and 11 a.m.

9/19 RE classes begin

Youth Notes

Youth Activity Group Schedule—get Ready for Some Fun

Another year of fun and service activities is planned for our Youth Activity Group (YAG). And here are the first three events for the fall:

Tue., August 31--Manna Food Packing; our service project (an announcement has been mailed and emailed to all YAG members). We've included our 8th grade alumni for this last activity, so hope you can join us!

Sat., September 11--Rafting on the Shenandoah River at Front Royal; plus Apple House donuts!

Sat. & Sun., Oct. 9 & 10--YAG Retreat at Camp Tockwogh on Eastern Shore; always a memorable weekend.

We will have more events to announce soon. Plus further details will be provided prior to each activity. Be sure to check your mail and email.

The Youth Activity Group is open to 7th and 8th graders at Cedar Lane. If you have questions about the group or its activities, contact John Daniel (301-946-5509), Kim Clarkson, or Susan Archer.

Senior High Youth Group (SHYG)

The Senior High Youth Group will be kicking off the fall season with an **In-gathering** for teens and parents on **Sunday, September 12, at 12:30 p.m.** in the Chalice House! Archene has planned fun-filled activities to welcome new teens and their parents, to reconnect with those we haven't seen over the summer, and begin to build on our programming for the fall. Bring your calendars and be ready to schedule the activities you won't want to miss.

The **SHYG Retreat at Tockwogh** comes rolling right behind the In-gathering on **Saturday and Sunday, September 18-19!** This is an annual event that no teen wants to miss. Tockwogh is in a beautiful Chesapeake Bay setting with lodges, water activities, a ropes course, campfire, and more.

Please also consider participating in the **Kensington Labor Day parade on Monday, September 6.** Archene would like the teens to participate as a group with her and other Cedar Laners. **The Unity Walk Day of Service is Saturday, September 11.** If you are interested in participating in either of these, contact Archene.

Watch your email and snail mail for information, and permission forms, they're on their way! For information on the SHYG (grades 9-12) and the Senior High Activity Group (SHAG—including parents) contact Archene

Turner at 301-493-8300 x305, aturner@cedarlane.org or archene@gmail.com.

Young Adults (Ages 18-35)

The UU Young Adults of Maryland (UUYAM) group plans activities for local UU Young Adults. Visit <http://groups.google.com/group/uuyam> to join the UUYAM e-mail list and view schedule of upcoming events. For resources and information on Joseph Priestly District (JPD) Young Adult events, visit the JPD Young Adult Network at www.jpduuyan.org.

Adult Programs

The **Adult Programs Fall 2010** brochure is in the mail! Classes begin October 1. Included are the regular list of on-going programs like Meditation, Philosophy Club, Yoga, CL Dancers, CL Quilters, Connection Circles and support groups.

But there is also so much more! Watch especially for those starting in October:

- 10/2** Retreat for Women
- 10/4** Meditation
Continuing Yoga
- 10/5** Philosophy Club
Beginning Yoga
- 10/8** Religious Creed & Sexual Orientation
- 10/13** Alexander Technique (free intro class 9/29)
- 10/14** Making Puerto Rican Flan
Intro to Storytelling
- 10/16** Raising UU Kids
- 10/19** Book Discussion Group
- 10/21** T'ai Chi—beginning and advanced
- 10/27** Spirituality and Social Justice
- 10/30** Halloween Stroll

Class and leader descriptions, number of sessions, and costs are all detailed in the brochure which is also on-line at www.cedarlane.org. Registration cards are included in mailed brochures as well as available at the church and ready to download from our website. Adult Programs committee members will be accepting registrations after church services on Sundays, September 19, 26, and October 3. Registrations can also be sent to the RE office. Classes are open to all Cedar Laners, and most welcome to those from the larger community.

Sunday Morning Forum Resumes

The Sunday Morning Forum meets in the Chalice House on Sundays, 10:10 to 10:55 a.m. Everyone is welcome, no registration required. Coffee is served.

September 12: Jeff Leonard, Cedar Lane member, and CEO, Global Environment Fund (GEF) will speak about the *future of electric vehicles and alternative energy, and demonstrate his Tesla Electric Sportscar*. GEF, a private investment management firm, invests in companies that deliver clean technologies, cleaner energy and sustainable management of natural resources all over the world. It was recognized by the Financial Times and the International Finance Corporation as the “Sustainable Investor of the Year” in both 2009 and 2010.

September 19: Nancy Sherman, author and Georgetown University professor of philosophy, discusses her book, *The Untold War: Inside the Hearts, Minds, and Souls of Our Soldiers*. She listened to the soldiers’ stories through her perspective of moral philosophy and psychoanalysis. This helped to interpret their “inner war” and struggle “to remain alive to civilian sensibilities without losing the steel and resilience” essential for military service. Her book is most powerful in documenting the veterans’ testimony including that of Vietnam veteran Bob Steck of our congregation who recommended her for a forum presentation.

September 26: *America’s Love/Hate Relationship with International Law*. Our speaker is Linda Bishai, a senior program officer in the Education and Training Center of the United States Institute of Peace. The official US attitude towards the prosecution of crimes against humanity and war crimes changed dramatically from the universality of Nuremberg to the exceptionalism of the International Criminal Court treaty negotiations. Legal “realism” and “idealism” are strains of thought that pose a battle of opposites, which is never fully resolved into a coherent approach. Dr. Bishai will address the history of US legal thinking that has created this conceptual battle, and its implications for the present.

Connection Circles—Something New!

There are three new connection circles starting in October:

Hands-on Spirituality will focus on ways to explore and enrich our spiritual lives: things from walking through the woods or weeding your flower bed, listening to Bach or Chopin (or Lauryn Hill), or reading poetry, through daily journaling, team work, meditation, reading from the world’s scriptures, prayer, and slicing veggies for the soup kitchen. This group will meet for only five Mondays beginning October 11 from 7:30 to 9:00 p.m.

Connections—a Short-term Group

Since they started ten years ago, Connection Circles have helped many Cedar Laners connect and build relationships in small, caring groups. This group is for new members and those seeking new connections in the

church community. Why a circle? We usually sit in a circle so all can see and be seen . . . and circle is a term commonly understood to mean a small, welcoming gathering. The group will run from October to May on the second Thursday of the month, from 7:15 to 9:00 p.m.

Raising the Spirit—for Parents with Young Children.

This group is for parents interested in exploring the joys and tough times of raising children while bringing an everyday spirituality to their lives and to yours.

Decompress from the week and spend some quality time with your peers. Child care provided with stories, circle time, arts & crafts. We will meet once a month October to May. Pizza or other easy dinner for parents, children eat in another room. Possible topics: What your family does for holidays, parenting styles, “my children are getting older.” The group will meet on the third Friday of the month, October to May, 6:30 to 8:30 p.m.

On-going connection circles welcome new members and are listed in the Adult Programs Fall 2010 brochure. Register for connection circles through Adult Programs. For information about specific circles contact the RE office or the Rev. Heather Janules.

10th Annual Kiplinger Lecture, Nov. 6

The Ethics of Inclusion
The Rev. Carlton D. Pearson
2:00 p.m., Saturday, November 6, 2010
Cedar Lane Unitarian Universalist Church

Rev. Pearson will explore the ethical implications of universal love and the hope of world peace through mutual respect for different peoples and points of view. He will draw from his journey as a former, highly successful Pentecostal minister who now embraces Universalism.

From the Membership Coordinator

Andy Streich

Walk or ride with us in the ***Kensington Labor Day Parade on Monday, September 6, 2010.*** The Member Services and Public Awareness Committees are sponsoring a Cedar Lane entry in the parade, and we'd love to have a bunch of Cedar Laners of all ages, some walking, some on bikes, and maybe a couple in a special car or cars. Make it a family affair. Everyone should experience being in a parade at least once. We'll have a parade banner, special tee shirts, and lots of flyers to pass out. There will be a sign-up sheet in the lounge after the service so we can make sure we have enough tee shirts of

the right sizes. Or you can sign-up by email by writing to Mary Farrar at maryefarrar@verizon.net.

Also the next ***Community Lunch*** will be after the service in the Chalice House on September 5, and all other Sundays we have the ***Community Hour*** in the Chalice House beginning half an hour after the (second) service ends. These are all free of charge and open to everyone. No need to sign up.

Around the Church

Tuesday Travel News

Tuesday travel for August was to the Archives to see the first half of a two-part exhibit on the Civil War. The introductory A/V was so “real” that people tried to talk to the speakers! The rest of the exhibit was interesting, too—but all letters, writings, pictures, etc. The second half of this exhibit will go up sometime in November.

September’s trip will probably be mostly outdoors and require walking and/or taxiing—to Lincoln Park to see the ORIGINAL Lincoln memorial (done completely with money from freed slaves), the African-American Civil War Memorial at 10th and U, and the Museum at 12th and U.

We meet the second Tuesday of each month, September 12 this month. We’ll leave Chalice House (on foot) at 9:40, walk to the bus stop on Cedar Lane, and metro downtown. For suggestions or details, contact Coralie Adler coralie7@verizon.com 301-460-3112 or Wanda Van Goor wmvangoor@aol.com or 301-652-0296.

Don’t forget to bring back water from your travels, whether local or afar, for our Ingathering Water Ceremony, Sunday, September 12.

Social Justice Council

Update from the Social Justice Council

The Social Justice Council is looking forward to another exciting year of providing opportunities for members and friends of Cedar Lane to work toward improving people’s lives and our environment. Such activities can be done either at the local, national or international level[s].

The first SJC meeting will be held Thursday, September 2, 7:30 p.m. in the Library.

If there are items you wish to discuss, please let us know so we put these on the agenda.

We also encourage everyone to participate in the Go Green Gala on Saturday September 4 from 10 a.m. – 4 p.m., which supports social justice concerns about environmental issues.

Kay Gottesman (kgottesman@verizon.net)
Pat Karlsen (pb.karlsen@comcast.net)
Co-chairs, Social Justice Council

From UUSC- Unitarian Universalist Service Committee

Dear friend,
Want to be more than a tourist? UUSC's experiential learning trips are unique educational experiences that allow participants to get a firsthand and up-close understanding of human rights and social justice. Join us for the travel opportunity of a lifetime!
http://actnow.uusc.org/site/R?i=Z9k_zzXzveljV8CjsIL9nQ.

UPCOMING TRIPS

Witness to a Return Home: A Trip to Uganda, November 4-16

Participants will learn about UUSC's unique eye-to-eye partnership with Caritas Pader, which has empowered thousands of people to return to their villages and rebuild their lives after a brutal 20-year civil war. Participants will also meet with the UU Kampala congregation; talk with Ugandan leaders of the struggle for lesbian, gay, bisexual, and transgendered people's rights; and visit the school and orphanage the Kampala congregation supports near Masaka. Early registration discounts end on September 1. Find out more and download an application.
<http://actnow.uusc.org/site/R?i=HHllq1f6QviM9ow1KT2y0A>.

Haiti Volunteer Program, 2011 and beyond

Join us in supporting our partners in their work to rebuild Haiti and ensure a just recovery for all Haitians. Our goal is to begin these volunteer trips in January 2011. Interested in participating? Let us know!
<http://actnow.uusc.org/site/R?i=RFUoKLNaxwOMNqXFsdAaqQ>.

RECENT TRIPS

Reflecting on the Seventh Annual Civil Rights Journey

This year, 24 people embarked on the seventh UUSC Freedom Summer: A Civil Rights Journey through Georgia and Alabama, July 10-17. Visiting sites of historical significance in the struggle for civil rights, they

walked in the footsteps of great civil-rights activists and heard from some of those courageous figures themselves. They listened to the music and protest songs that helped bolster the strength of these history makers. Read how participants were surprised, inspired, and moved.
<http://actnow.uusc.org/site/R?i=ykITmxCGS7ANk4EZkUPaaA>.

JustJourneys Honor Survivors

During the recent JustJourney to Guatemala, July 16-23, participants commemorated the anniversary of the brutal 1982 Plan de Sanchez massacre. They also spent time learning about the work of UUSC partners in Guatemala organizing communities in pursuit of justice. Read more about their powerful experiences.
<http://actnow.uusc.org/site/R?i=ldB0j-j9vKywIuuMRkiJjg>.

SIGN UP TO STAY INFORMED

Are you interested in updates about future UUSC experiential learning opportunities? Tell us a little about yourself, and we will keep you informed.
<http://actnow.uusc.org/site/R?i=OdqPvIv5No3R3K5WKof8PQ>.

Vegan Dinner September 26

The *Cedar Lane Ethical Eating Group* invites you to a Plant-Based Food Potluck Dinner on Sunday, September 26. The dinner starts at 6 p.m. At 7 Juliette G. Tahar, the founder and president of Healthy Living, Inc. will speak. Healthy Living is a not-for-profit organization whose mission is to educate people of all backgrounds, regardless of income, on how to plan and prepare simple, delicious, healthy meals in an environment that is supportive and safe, and which fosters community spirit.

Each person is asked to bring a plant based food for 3 to share and please list ingredients on a file card. Include NO animal products (vegan). If there are 2 in your family, please bring food for 6 and if there are 4 in your family, please bring food for 12. A contribution of \$2.00 per person or \$5.00 maximum will be collected to cover costs. For information and to RSVP, please contact Joanne Evans, joanneevans@verizon.net.

♻️GREEN TIPS♻️

Environmental Task Force

Buy Green School Supplies to Help your Children and the Environment

It's hard to believe that the back-to-school season is here. Many schools have already sent parents and students their classroom supply lists. Parents are scratching their heads wondering how to buy it all quickly, cheaply, and,

importantly, without toxic chemicals. Eco-healthy school supplies are readily available, from reusable water bottles and BPA-free lunch boxes to PVC-free backpacks and spiral notebooks without plastic covers. The trick is knowing what to choose! Fortunately, the Environmental Working Group (EWG) has put together some tips to help you navigate the school supply aisles. The EWG's Back-to-School Guide can be found on their website, www.ewg.org. You can also buy from Amazon and your purchase will help support EWG.

And Beyond Cedar Lane

Murray Grove Events

Murray Grove: peaceful, affordable space - perfect for retreats and family reunions

HOMEcomings 2010: A Mid-Atlantic UU Celebration of the 240th Anniversary of John Murray's First Universalist Sermon in America

Friday Sept. 24, 7:30 p.m.: Rev. Michael Dowd, America's Evolutionary Evangelist, will present an oral/musical/multimedia slideshow on "Science and the Sacred: An Inspiring Vision of Humanity's Future"

Saturday, September 25, 2010, 10 a.m. - 4 p.m.: Rev. Michael Dowd on "Passion for Life: Science, Evolution and Inspiration". Plus, an intergenerational performance of "Oh Jonah" by UUCMC; Music; Workshops; Fellowship; Fun; MNY Store. Under the big white tent! (Admission \$20 if registered by 9/15, \$24 after 9/15. Lunches \$10)

Saturday Sept. 25, 6 - 9 p.m.: "Healthy People, Healthy Planet: How Our Food Choices Affect Our Health, Happiness, and the Future of Our Planet" - View and discuss the film "Diet for a New America" and enjoy a gourmet vegetarian meal (\$20).

Sunday Sept. 26 - 10 a.m.: Sunday service in the historic Potter Chapel with Lincroft's Rev. Virginia Jarocha-Ernst.

Stay the night Friday and/or Saturday: \$40 B&B per night! Or a weekend package for \$100!

Grove Gatherings at Murray Grove: Musical/Artistic Coffee Houses. Every second Wednesday of the month: 7:00-9:00 entertainment - \$10 per person; and join us before the show for a potluck dinner 6:00-7:00 p.m. (BYOB). September 8 - Dave Weber, guitarist/singer. This program is made possible in part by a grant administered by the Ocean County Cultural and Heritage Commission, in conjunction with the New Jersey State

Council of the Arts/Department of State, a Partner Agency of the National Endowment for the Arts.

Please ask us about volunteering and bartering opportunities.

Don't miss our new quarterly electronic newsletter, the Hand-in-Hand! To receive it, email newsletter@murraygrove.org, or call us!

For information and registration:

Murray Grove Retreat and Conference Center
PO Box 246, Lanoka Harbor, NJ 08734
609-693-5558
murraygrove@murraygrove.org
www.murraygrove.org

Unitarian Universalist Society of Martha's Vineyard

Columbus Day Weekend B&B October 9, 10 & 11, 2010

B&B Weekend Information

See our Website at www.uusmv.info, link to Bed & Breakfast.

Two nights, three days at \$400 per couple, \$225 single. Guests may choose an extended stay on Friday and/or Monday nights at \$75 per person, per night.

Please remit half of the fee by September 15.

Mail your deposit (half the total amount) to: Johanna Kobran, PO Box 5020, Vineyard Haven, MA 02568.

Make check out to UUSMV.

Cancellation policy: Full refund if cancelled two weeks in advance (by 9/26/10); a \$50 cancellation fee applies after that.

There is public transportation all day until 7:30 pm. There are also taxis.

There are many things happening on the Vineyard in October. Here's just a sampling....(A current update along with useful information will be mailed to you in late September)

-Dancing Sunday evening - Artisans Fair

-Kayaking - Sailing -Biking

-Nature trails - Audubon Sanctuary - Arboretum

-Miles and Miles of Beaches

If you are bringing your car, you'll need a Ferry reservation from Woods Hole. The MV Steamship Authority website is www.steamshipauthority.com. If you are traveling from New Bedford, there is no automobile capacity and a reservation is not necessary.

Cedar Lane News is printed monthly. The next deadline is Wednesday, September 15 at 12 noon. Please submit to newsletter@cedarlane.org.

Editor: Corinne Woodward

Cedar Lane Calendar for September 2010

Mon 7:30 pm Room 15

One-Time Events

- September 4** Go Green Gala! 10 am - 4 pm
September 6 Church closed for Labor Day
September 11 R.E. Teacher Orientation 9 am - 3 pm
September 13 LGBT and Equality Maryland Meeting
7:30 pm Chapel
September 14 Election Primaries- Don't forget to vote!
September 16 Alliance Luncheon on **3rd Thursday**
September 19 R.E. Begins!
September 25 Social Justice Council Retreat
September 26 Ethical Eating Vegan Dinner 6 pm
Sanctuary
September 28 LGBT and Equality Maryland Meeting
7:30 pm Room 1-2

Please check the calendar online, in the ENews, or at the church for the most up to date listings.

Name Changes

Living by the Heart 2 is now called *Heart to Heart*.
Living by the Heart 3 is now called *Living by Rhyme and Reason*.

Regular Activities

- SUN:** Attitudes Toward Living: 2nd and 4th Sun 8:30 am Chalice House Covenant Room
Worship Services: 9 am Sanctuary (starting September 12)
Religious Education: 9 am Chapel (starting September 19)
Worship Services: 10 am Sanctuary (through September 5)
Summer R.E.: 10 am Room 32-35 (through September 5)
Childcare: 10 am Room 28-29 (through September 12)
Coffee Hour: 10 am Lounge (starting September 12)
Sunday Morning Forum: 10:10 am Chalice House Main Room (starting September 12)
Worship Services: 11 am Sanctuary (starting September 12)
Religious Education: 11 am Chapel (starting September 19)
Cedar Lane in 6 Minutes: 11 am Sanctuary
LGBT Task Force: 3rd Sun 11 am Sun Room 1-2
Senior High Ingathering: 2nd Sun 12:30 pm Chalice House Main Room
Community Lunch: 1st Sun 11:30 am Chalice House Main Room
Community Hour: 2nd, 3rd, 4th, 5th Sun 11:30 am/12:30 pm Chalice House Main Room (thru Sep 5/Sep 12 on)
Coffee Hour: 12 pm Lounge (starting September 12)
Forum Committee: 2nd Sun 12:15 pm Room 1-2
Music Committee: 3rd Sun 12:30 pm Chalice House Covenant Room
Connection Circles Facilitators: 4th Sun 12:30 pm Room 1-2

- MON:** Science and Religion: 10 am Library (starting Sep. 13)
Alliance Jewelry: 1st Mon 10 am Room 1-2
Writing Memoirs: 3rd Mon 1 pm Room 1-2
Martha's Table Prep: 2nd Mon 7 pm Kitchen
Sharing Covenant Group: 3rd Mon 7 pm Chalice House Covenant Room
Facilities Committee: 1st Mon 7 pm Room 1-2
Well Spouse: 1st Mon 7:30 pm. Chalice House Covenant Room
Leadership, Development, and Nominations Committee: 2nd

- TUE:** Newsletter Preparation: 3rd Tue 8 am Room 1-2
Tuesday Travelers: 2nd Tue 9:30 am Chalice House Covenant Room
Quilting: 10 am Bride's Room
Bridge: 10 am Library
Just Sitting: 10 am Chapel
Staff Meeting: 12:15 pm Room 1-2
Organ Practice: 2 pm Sanctuary
Cancer Support Group: 1st and 3rd Tue 6:30 pm Chalice House Main Room
Heart to Heart: 2nd and 4th Tue 7 pm Chalice House Covenant Room
Martha's Table: 1st Tue 7pm Kitchen
Partner Church: 1st Tue 7:30 pm Library
Personnel: 1st Tue 7:30 pm Room 1-2
Finance: 2nd Tue 7:30 pm Room 30-31
Church Security Issues: 2nd Tue 7:30 pm Library
Board of Trustees: 3rd Tue 7:30 pm Room 1-2
AP Book Discussion: 3rd Tue 7:30 pm Library
Ministerial-Congregational Committee: 4th Tue 7:30 pm Library

- WED:** Martha's Table Prep: 2nd Wed 10 am Kitchen
Aging Support: 1st and 3rd Wed 1:15 pm Room 1-2
Organ Practice: 2 pm Sanctuary
Quilting: 7:30 pm Bride's Room
Member Services: 2nd Wed 7:30 pm Room 1-2

- THU:** Organ Practice: 9 am Sanctuary
R.E. Council: 1st Thu 10 am Room 1-2
Alliance Board Meeting: 3rd Thu 10 am Room 1-2

- Alliance Film Series: 4th Thu 10:30 am Library
Pledge Drive: 2nd Thu 6:30 pm Room 1-2
Just Sitting: 7 pm Chapel
Connection Circles Steering Committee: 7 pm 4th Thu Room 1-2
Kiplinger: 1st Thu 7:30 pm Room 1-2
Social Justice Council: 1st Thu 7:30 pm Library
OWL Parents Meeting: 1st and 2nd Thu 7:30 pm Chalice House Main Room
Breakthrough Task Force: 2nd Thu 7:30 pm Library
CLARITY: 2nd and 4th Thu 7:30 pm Chalice House Covenant Room

- FRI:** Library Committee: 10 am Library
Alliance Book Group: 1st Fri 11 am Room 1-2
Living with Mental Illness: 1st and 3rd Fri 1 pm Library
Friday Friends: 2nd and 4th Fri 1:30 pm Library

- SAT:** Living by the Heart 1: 1st and 3rd Sat 8 am Chalice House Covenant Room
Living by Rhyme and Reason: 2nd and 4th Sat 8 am Chalice House Covenant Room
Men's Group: 2nd and 4th Sat 8 am Library
CSA Pickup and Farmer's Market: 9 am Upper Parking Lot Grounds: 2nd Sat 9 am Room 30-31
UU Singles Movie Night: 2nd Sat 7:30 pm Library

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RETURN SERVICE REQUESTED

The Rev. Roger Fritts *Senior Minister*
The Rev. Susan Archer *Minister of Religious Education*
The Rev. Heather Janules *Associate Minister*
The Rev. Archene Turner *Coordinator of Senior High Youth Ministry*
The Rev. Leslie Westbrook *Community Minister in Pastoral Counseling*
The Rev. Kenneth Torquil MacLean *Minister Emeritus*
The Rev. Roberta M. Nelson *Minister Emerita*
Dr. Henry Sgrecci *Director of Music*
Thomas Guthrie *Organist/Accompanist*
Duncan Ferguson *Chair, Board of Trustees*
Sara Deshler *Church Administrator*

TIME SENSITIVE MATERIAL

Wow! Thank you for your donations! We have so much we have to stop taking them at 4 p.m. this Sunday, August 29.

Now– We Need Your Help!

The Go-Green Gala rummage and repurposing sale is coming up very soon! It is going to be huge! It kicks off at 10 a.m. on Saturday, September 4, and we are still in need of volunteers for our many tasks. We need people to help set up before the big day, cashiers, greeters, security, face painters, and people to help clean up after the event. Contact Bethany Fuller at 301-751-8263 or bfuller@cedarlane.org with any questions or to sign up!

Every little bit helps. Come out and make this a great community event!

Advance sale September 3. Volunteers are invited to come shop the night before the sale from 6 - 7 p.m. All other Cedar Laners are welcome from 7 - 8 p.m. Come early and often!

September 4: What Can I Expect? Join us from 10 a.m. - 4 p.m. at Cedar Lane

- Rummage Sale- redecorate, jazz up your child's bedroom or dorm room, find that gadget you always wish you had, purchase books and jewelry, clothing, sporting goods, and more!
- Bake Sale/Farmer's Market- homemade goods as well as fresh food from Orchard Country Produce
- Recycling: Bring in your old cell phones, fluorescent light bulbs, and toner cartridges for safe recycling
- A professional shredder for destroying all your unnecessary, outdated, or confidential information
- Face painting for the little ones
- We will also have a small silent auction for bigger ticket items