

ALLIANCE NEWSLETTER



Cedar Lane Unitarian Universalist Church, 9601 Cedar Lane, Bethesda, Maryland 20814-4099

Sue Woodruff, *president*

April 2019

Leslie Backus, *editor*

The Alliance of Cedar Lane Unitarian Universalist Church is an affiliate member of the church open to all interested women and men. Its purpose is to promote programs and activities of a cultural and community nature that support Unitarian Universalist principles. In furtherance of these purposes the Alliance raises its own funds and establishes its own budget.

Alliance Day Thursday, April 11, 2019

The Schedule for Alliance Day

11:30 a.m. A relaxed time for socializing

12 noon Potluck lunch. Please bring a main dish, salad, side, or dessert to serve eight. Please identify ingredients for those who are vegan, vegetarian, or have food sensitivities (e.g. meat, nuts, wheat, dairy). Please don't bring serving utensils!

1 p.m. Program

Volunteer Assignments:

<i>Set Up:</i>	10:30	Jessica Sawyer Louise Stomierowski
<i>Greeter:</i>	11:30	Jean Schaible
<i>Curb Assistant:</i>		Janice Krause
<i>Receiving Food:</i>	11:45	???????????
<i>Clean-Up Tables:</i>	12:45	Helen Pechacek Pat Phillips
<i>Serving Tables:</i>	12:45	Harvey Lerner
<i>Tablecloths:</i>		Joe Merenda Linda Gianessi
<i>Bartender:</i>	11:00	???????????????
<i>Flowers:</i>		Sue Woodruff Diane Mahlmoood

Deadline for May Newsletter: Tuesday, April 23rd,
Email items to Leslie Backus at
backusle@verizon.net.

President's Message

I recently found out I was “elderly”. I’m definitely aging, but “elderly?” My 40 something GP shared her concerns for me as one of her “elderly” patients. All the negative stereotypes (unproductive, failing, and mentally declining) raced through my mind) Why was the word “elderly” such a problem for me? After some reading, I realized that Ageism is alive and thriving in our culture. It is supported by the language we all use daily. Negative messages on aging proliferate on TV, in film, on social media and in advertising. Negative stereotypes about aging affect those still in the workplace, but also how policy about all of us is decided. Without intending to, I have been complicit in maintaining some of the stereotypes that denigrate older people. I’ve laughed at all the “senior moment” jokes and told friends they were amazing for their age. Words matter, and having positive feelings about aging, or the “**normal process of living,**” matters. Watch Ashton Applewhite’s TED talk on Ageism. You can find it on You Tube.
Sue Woodruff

April Program: Grace Cavalieri, Poet Laureate of Maryland



Grace Cavalieri was appointed Maryland Poet Laureate in November 2018 by Governor Larry Hogan. She is the author of 20 books and small collections of poetry; the latest are *Other Voices*, *Other Lives* and *Life Upon The*

Wicked Stage: A Memoir. She's also written texts and lyrics performed for opera, television, and film and has had 26 plays produced on American stages. Grace teaches poetry workshops throughout the country at numerous colleges. Grace will talk about poetry and the writing life. She will read poems to illustrate and will answer questions from the audience about writing.

Wayne Mara

May Program:

Our speaker will be Robert McCaw, Director of Government Affairs for the Council on American Islamic Relations (CAIR).
Wayne Mara

Pill Bottle Recycling Program

The need for **unlabeled, clean** used prescription pill bottles continues. Bring them to the Alliance book sales on Sundays or the monthly luncheons. You can also leave them in the reception area of the church offices. We hope you will continue to support this program.

Sue Woodruff

Book Corner

The Alliance Book Corner will be open after both Sunday services on April 7, 14, and 28. Book donations are welcome again! Please leave them in boxes or bags in the coat closet at the top of the stairs. We need some more volunteers to help with the Book Corner! Please contact Jessica Sawyer if you can help with 1st service or Helen Pechacek if you can help with 2nd service. Even volunteering once a month would help! Try it out some Sunday! We think it is a fun activity and all the profits go to charities and the church general fund.



Helen Pechacek

Jewelry Sales

The monthly Jewelry Sale will take place on April 21st after both services. Come find some lovely, very inexpensively priced pieces! If you wish to donate your no longer worn jewelry, you can bring it to the jewelry sale or to the Church Office other times (there's a cabinet in the volunteer room). Our thanks to Judy Laurenson for taking this on!



The First Friday Book Club—11 a.m. in the

Library The First Friday Book Club welcomes old friends and new. Bring a sandwich and socialize over refreshments at noon.

April 5:

A River Runs Through It by Norman Maclean. (1976). **F.** 217 pp. Based on the author's childhood experiences, this novel vividly describes life along Montana's Big Blackfoot River and blends fly fishing with the troubling affections of the heart.

Refreshments: Rita Pittallo & Bonnie Tyler



May 3:

Lost City of the Monkey Gods: a True Story by Douglas Prest (2017). **N-F.** 326 pp. Since Cortez, there have been rumors about a lost city of immense wealth hidden in the Honduran interior. Indigenous tribes warn the city is cursed. In 1940, a man spread a story of having found the city, then committed suicide without revealing its location. Now, a new exploration begins.

Refreshments: Jean Schaible

Barbara Lewis

Car Help Needed for Cedar Lane Family

If you would consider being part of a team that loans your extra or little-used car to a car-less Cedar Lane family who needs one for job stability, please contact Executive Director, Jen Morley, jmorley@cedarlane.org for more information. Prefer minimum 2-week to longer-term loan rotations. If you're going away for a couple weeks or more, you could be driven to the airport, save on parking, then get a 'free' ride home.....!

Helen Pechacek

Seniors Ride Ride-On for Free!

Seniors (age 65+ years), there is a SmarTrip card that may be used to: ride Metrorail at senior fares, **ride free** on Ride-On buses and some Metrobuses in Montgomery County **Monday—Friday, 9:30 AM to 3 PM, Saturday, 8:30 AM to 4 PM** or to ride for **half fare all other times**. The Senior SmarTrip card costs \$2 (no value on the card at the time of purchase). Present the Senior SmarTrip Card to Ride On and Metrobus operators in Montgomery County for free or half fare (see hours above) on most routes. **During free times, do not tap** the Senior SmarTrip card on the target on the fare box because it will deduct a fare! **Show the card** to the bus operator and make sure there is value on it during half-fare hours. If you don't have the SmarTrip card, a Medicare Card along with a photo ID will work, too. **To get a Senior SmarTrip card**, visit any Montgomery County library, the Silver Spring TRiPS Store, the Mobile Commuter Store, or the Montgomery County Treasury Office. Bring proof of age (state ID, birth certificate, or passport). After completing a registration form, you will buy the Senior SmarTrip card and get information about it. For more information, call the MC311 Information Center (dial 311 from inside the County or 240-777-0311 if outside MoCo).

Haven't Done the Alliance Survey?

The survey is about 'causes,' luncheon topics, etc.

Blanks available at Church main desk! *Sue Woodruff*