**METRO DC PFLAG Chapter**

Founded in 1983, we help keep families together by promoting equality & the well-being of lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) people & their allies through support, education & advocacy.

We are a nonprofit, nonpartisan, volunteer organization.

PO Box 6085, Washington DC 20005 // Office phone: 202-638-3852
Website:  [www.pflagdc.org](http://www.pflagdc.org)  //  Email:  [info@pflagdc.org](mailto:info@pflagdc.org)

HELP-line phone (leave message, get call-back): 240-600-0884

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**SUPPORT GROUPS** in Montgomery County, MD:

**Bethesda/Cedar Lane**: 3rd Sunday of each month, 2:00pm - 3:30pm  
Cedar Lane Unitarian Universalist Church, 9601 Cedar Ln., Bethesda MD 20814  
Email: Marge Dimond / margeryjd@aol.com

**Germantown**: 4th Sunday of each month, 2:30pm - 4:00pm  
United Church of Christ/Seneca Valley, 13421 Clopper Rd., Germantown MD 20874  
Email: John Bartkowiak & Stephanie Kreps / jbinmd@gmail.com

**Cedar Lane Trans Families**: 3rd Sunday of each month, 2:00pm - 4:00pm  
Cedar Lane Unitarian Universalist Church, 9601 Cedar Ln., Bethesda MD 20814  
Email: Deborah Strauss / deborah.s.strauss@gmail.com

**Gaithersburg/Asbury**: 2nd Tuesday of each month, 7:00pm – 8:30pm  
Asbury Village, Rosborough Library, 301 Odendhal Ave., Gaithersburg, MD 20877  
Email: Alice Wong / pflaggai@yahoo.com

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**Nat’l. PFLAG site in 102 Languages**:  [https://pflag.org](https://pflag.org)  
*Button at top to translate whole site into 102 languages*

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**ADVOCACY**

Email: David S. Fishback / fishbackpflag@gmail.com  
or  Mark Eckstein / markeckstein@hotmail.com