

CEDAR LANE SUPPORT GROUPS

AA

Day	Time	Contact	Email	Room
Saturday	4 – 5 pm	Schroeder Stribling	sstribling@nstreetvillage.org	LL 1-2

Aging Support

Day	Time	Contact	Email	Room
2 nd & 4 th Tuesday	1 pm	Rev. Katie Romano Griffin	kromanogriffin@cedarlane.org	Library

Caring for Family Members Long-term Chronic Illness Support Group*

Day	Time	Contact	Email	Room
1 st Wednesdays	10-11:30 am	Rev. Katie Romano Griffin	kromanogriffin@cedarlane.org	Library
3 rd Tuesdays	7-8:30 pm	Rev. Katie Romano Griffin	kromanogriffin@cedarlane.org	Chalice House Room C

**This support group is for people who are caring for loved ones with chronic illness and also for people who are employed as caregivers.*

12-Step FA

Day	Time	Contact	Email	Room
Wednesday	7 – 8:30 pm	Beth Boyd	beth.boyd76@gmail.com	LL 5-6

12-Step Fellowship

Day	Time	Contact	Email	Room
Tuesday	12 pm	Chris Augusty	caugusty21@yahoo.com	Chalice House Rm C

Healing Choir

Day	Time	Contact	Email	Room
as needed	n/a	Henry Sgrecci	hsgrecci@cedarlane.org	n/a



CEDAR LANE
WHERE LOVE WORKS

Cedar Lane Unitarian Universalist Church
9601 Cedar Lane | Bethesda, MD 20814
www.cedarlane.org

NA

Day	Time	Name	Contact	Email	Room
Friday	7 pm	The Road We Travel	Beth Canha	bethcanha@comcast.net	LL 5-6
Friday	7 pm	Older Toddler	Ben Canha	bcanha@hotmail.com	LL 32-35
Friday	8:30 pm	Get Down	Mike Ford	mike4489s@comcast.net	LL32-35
Wednesday	7 pm	Fresh Air	Robert Farrah	robert.farrah@gmail.com	LL 32-35

Long-term Chronic Illness Support Group

Day	Time	Contact	Email	Room
4 th Wednesdays	10-11:30 am	Rev. Katie Romano Griffin	kromanogriffin@cedarlane.org	Library

PFLAG

Day	Time	Name	Contact	Email	Room
3 rd Sunday	2 – 3:30 pm	General PFLAG	Marge Dimond	margeryjd@aol.com	LL 3
3 rd Sunday	2 – 4 pm	Trans Families PFLAG	Debbie Strauss	dstrauss@verizon.net	LL 1-2

Trans* Unity

Day	Time	Contact	Email	Room
1 st & 3 rd Sundays	2 – 4 pm	Ezra Towne	etowne@gmail.com	LL 30-31



CEDAR LANE
WHERE LOVE WORKS

Cedar Lane Unitarian Universalist Church
9601 Cedar Lane | Bethesda, MD 20814
www.cedarlane.org