



Support Groups at Cedar Lane

AA

Day	Time	Contact	Email	Room
Saturday	4 – 5 pm	Schroeder Stribling	sstribling@nstreetvillage.org	LL 1-2

Aging Support

Day	Time	Contact	Email	Room
2 nd Wednesdays	1 pm	Dorothy Britt	dsbritt@verizon.net	Library

Al-Anon (LGBTQ-Friendly)

Day	Time	Contact	Phone	Room
1 st Thursdays	7 pm	Michelle E.	301-908-6368	LL 5-6

12-Step FA

Day	Time	Contact	Email	Room
Wednesday	7 – 8:30 pm	Beth Boyd	beth.boyd76@gmail.com	LL 5-6

12-Step Fellowship

Day	Time	Contact	Email	Room
Tuesday	12 pm	Chris A	240-463-0977	Chalice House Rm C

Healing Choir

Day	Time	Contact	Email	Room
as needed	n/a	Henry Sgrecci	hsgrecci@cedarlane.org	n/a

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Journeywomen

Day	Time	Contact	Email	Room
1 st & 3 rd Sundays	11-12 pm	Cherry Wunderlich	cfw@his.com	LL 7

Men's Group

Day	Time	Contact	Email	Room
2 nd & 4 th Saturdays	8 – 10 am	Phil Smith	philips442@gmail.com	Library

NA

Day	Time	Name	Contact	Email	Room
Friday	7 pm	The Road We Travel	Beth Canha	bethcanha@comcast.net	LL 5-6
Friday	7 pm	Older Toddler	Ben Canha	bcanha@hotmail.com	LL 32-35
Friday	8:30 pm	Get Down	Mike Ford	mike4489s@comcast.net	LL32-35
Wednesday	7 pm	Fresh Air	Robert Farrah	robert.farrah@gmail.com	LL 32-35

Families with Children with Mental Illness & Addiction Support Group aka Families Weathering the Storm

Day	Time	Contact	Email	Room
4 th Wednesday	7 – 8:30 pm	Rev. Katie Romano Griffin	kromanogriffin@cedarlane.org	Library

PFLAG

Day	Time	Name	Contact	Email	Room
3 rd Sunday	2 – 3:30 pm	General PFLAG	Marge Dimond	margeryjd@aol.com	LL 3
3 rd Sunday	2 – 4 pm	Trans Families PFLAG	Debbie Strauss	dstrauss@verizon.net	LL 1-2

Trans* Unity

Day	Time	Contact	Email	Room
1 st & 3 rd Sundays	2 – 4 pm	Ezra Towne	etowne@gmail.com	LL 30-31

Cedar Lane Unitarian Universalist Church

9601 Cedar Lane | Bethesda, MD 20814 // cedarlane.org // 301-493-8300